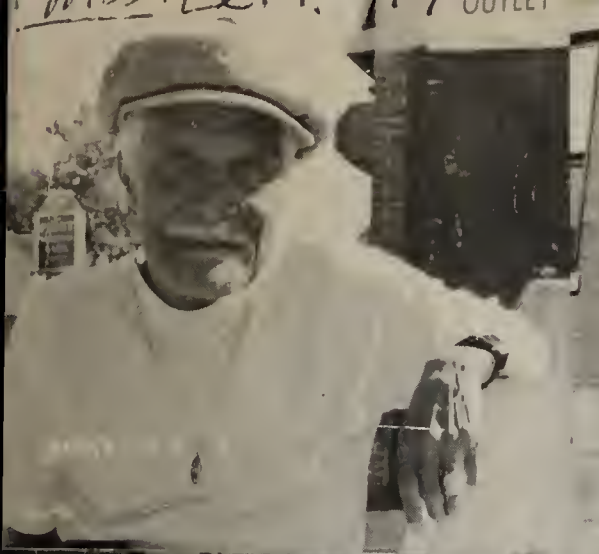




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COMMONWEALTH OF MASSACHUSETTS



ANNUAL
REPORT
FY '79



GOVERNMENT DOCUMENTS
DEPARTMENT OF
ELDER AFFAIRS

JUL 22 1981
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THE
COMMONWEALTH OF
MASSACHUSETTS

DEPARTMENT OF
ELDER AFFAIRS

110 Tremont Street, Boston, Mass. 02108

GOVERNMENT DOCUMENTS
COLLECTION

JUL 22 1980

EDWARD J. KING
GOVERNOR

University of Massachusetts
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THOMAS H.D. MAHONEY, PH.D.
SECRETARY

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A MESSAGE FROM THE SECRETARY

At the outset of my tenure of office, I am determined to maintain and develop further this Department's strengths while minimizing and eliminating its weaknesses so that Massachusetts will continue to be a national leader in the great cause of service to the elderly. I am impressed with the high quality, sense of purpose, and dedication to their work that I find among the people who comprise this Department. With their cooperation, I am sanguine that the goals which I have set will be realized.

As I travel throughout the State to meet and talk with the network of citizens who share the Department's concerns and who give so generously of their time and talent, I am likewise greatly encouraged.

Together, I am certain that we can do the job of providing the services which the constantly expanding group of elder citizens of the Commonwealth so richly deserve and for whom it is such a pleasure to work.

I look forward to a continuation of the generous support which my good friends and colleagues in the legislature have consistently provided for the Department of Elder Affairs' needs and programs, and I am pleased and privileged to be working with them again.

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Finally, I would be remiss if I failed to note that His Excellency, Governor King, shares my sentiments and goals and has graciously pledged every assistance at his disposal toward the realization of our common objectives on behalf of the elderly.



Thomas H. D. Mahoney, Ph.D.
Secretary of Elder Affairs

MR. Loochie
727 7750

727 9931

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T H E D E P A R T M E N T

W H A T I T D O E S

T H E C O M M O N W E A L T H ' S E L D E R L Y

F U N D I N G

O R G A N I Z A T I O N C H A R T

THE DEPARTMENT

Fiscal Year 1979 marked the sixth year of existence for the Department of Elder Affairs as a Cabinet-level State Agency on Aging -- the first in the nation when it was created in 1973.

Prior to its creation by legislative action of the General Court of Massachusetts (Chapter 1168 of the Acts of 1973), there was a twenty year history of involvement on behalf of older Americans by the Commonwealth, beginning with a Council on Aging formed in 1954 to act as an advisory board responsible to the Governor. Chapter 430 of the Acts of 1964 renamed it the Commission on Aging, but the Board's advisory and consultive functions remained the same. The Commission was abolished and all its powers and duties were transferred to a newly-established agency; namely, the Department of Community Affairs, in Chapter 761 of the Acts of 1968. In 1970, by passage of Chapter 862, the Unit on Aging's status was raised with the establishment of the Executive Office of Elder Affairs which allowed for the development of an administrative structure to respond to the needs of the elderly of Massachusetts.

Formation of the Cabinet-level agency in 1973 gave the Commonwealth its first State Agency on Aging vested with full statutory authority to develop programs for elders and to represent them at the highest level of State Government.

WHAT IT DOES

The Department of Elder Affairs is charged with the following specific administrative responsibilities as delineated in Chapter 1168 of the Massachusetts General Laws:

The Department shall be the principal agency of the Commonwealth to mobilize the human, physical, and financial resources available to plan, develop, and implement innovative programs to ensure the dignity and independence of elderly persons, including the planning, development, and implementation of a home care program for the elderly in the communities of the Commonwealth.

(MGL, Chapter 19A, Section 4)

Chapter 1168 further provides statutory authority for the Department to work in conjunction with other State agencies in the development of regulations, standards, and policies that affect elders in the following areas:

- Development of nursing home regulations (in conjunction with the Department of Public Health);
- Participation on the Board of Nursing Home Administrators;
- Determination of Need for long term care facilities;
- Determination of sites and nutrition standards for the school meals program for elders;
- Development of standards for state-aided housing for older persons;
- Review of regulations of the Department of Public Welfare affecting services, medical care, and public assistance for elders and accreditation of homemaker service agencies.

As the designated single State Agency under the Older Americans Act, the Department of Elder Affairs must fulfill both Federal mandates and State objectives. Chapter 19A, Section 4,

authorizes the Secretary:

-- to provide assistance to communities in solving local problems with regard to elderly persons including, but not limited to, problems in identifying and coordinating local resources to serve the needs of elderly persons;

-- to facilitate communications and free flow of information between communities and the offices, agencies, and employees of the Commonwealth;

-- to encourage and assist communities to plan, develop and implement home care programs;

-- to provide and act as a clearinghouse for information, data, and other materials relative to elderly persons;

-- to initiate and carry out studies and analyses which will aid in solving local, regional and statewide problems concerning elderly persons;

-- to coordinate through advice and counsel those programs of other State agencies designed to assist in the solution of local, regional, and statewide problems concerning elderly persons;

-- to advise and inform the Governor on the affairs and problems of elderly persons in the Commonwealth;

-- to exercise the powers and discharge the duties assigned to him in the fields of health care, housing, nutrition, home-maker services, economic opportunity, local and regional planning, transportation, and education and pre-retirement programs;

-- to further the cooperation of local, State, and Federal and private agencies and institutions providing for services or having responsibility for elderly persons;

-- to represent and act on behalf of the Commonwealth in connection with Federal grant programs applicable to programs for elderly persons in the functional areas described in this section;

-- to seek, accept, and otherwise take advantage of all Federal aid available to the Department, and to assist other agencies of the Commonwealth, local agencies, and community groups in taking advantage of all Federal grants and subventions available for elderly persons;

-- to render advice and assistance to communities and other groups in the preparation and submission of grant applications to State and Federal agencies relative to programs for elderly persons.

THE COMMONWEALTH'S ELDERLY

Massachusetts' 682,000 older persons represent an important and stable segment of the Massachusetts population. As of July 1, 1976, about one person in six was sixty years of age or older. One person in nine was sixty-five years of age or older. One survey found that forty-three percent of Massachusetts' older persons live with their spouses only. Two out of three had lived at the same address for twelve years or more. Two out of three older persons owned their own homes.

Massachusetts' older population is increasing both in number and proportion of the total population. Between 1970 and 1975 alone, the sixty and over age group grew by about 62,300 for a 7.0 percent increase. During the same period, the sixty-five and over age group grew by about 48,000, which represented a 7.6 percent increase. If present trends continue, it is expected that the sixty-five and over population will comprise 12.0 percent of the population by 1980 and 12.3 percent of the population by 1985.

The growth rate for the sixty-five and over age group has exceeded the rate of increase for the population as a whole. Between 1950 and 1975, the total population registered an increase of twenty-six percent. The sixty-five and over population grew by forty-three percent.

Three out of four Massachusetts households headed by a person sixty-five years or older are single person households. For all households in Massachusetts, about one in five are single person households.

Among the 191,000 unrelated individuals who are sixty-five years and older in Massachusetts, 32.1 percent are below the 125% poverty level. For all persons sixty-five and over, the figure was 13.2 percent.*

Massachusetts' older persons, with a rate of 13.2 percent with incomes less than 125 percent of the poverty level, are within 3.7 percent of the 125 percent poverty rate for the population as a whole, which is 16.9 percent. Thus, 84,000 older persons, sixty-five and over, are poor.

Just as there are similarities in the social and economic characteristics of older persons, so also does the sixty-five and older group have important differences. Not only is Massachusetts' older population among older sub-groups becoming an older population, but the older population itself is aging. The number and proportion of elders who are seventy-five years of age or older is increasing at a faster rate than that of the sixty-five and over population. If the same dynamics continue to operate, it is expected that the seventy-five and over age group, which accounted for about forty-one percent of persons sixty-five and older in 1970, will make up nearly sixty percent of persons sixty-five and over by the year 2000.

The following table presents data on the number of males per one hundred females:

	1970	1975
TOTAL POPULATION	91.6	91.6
65 and over	62.1	60.1
75 and over	54.9	54.3

* For unrelated individuals sixty five years and older, the 1975 weighted average threshold at the poverty level was \$2,717. 125% of that income level was \$3,396. For two-person families sixty five and over, the 125% weighted average poverty cut-off was \$4,040.

Also shown is the growing imbalance of males to females as the population ages.

Important income differences exist between older person sub-groups. In 1975, the median income for males was \$5,540; for females the median income was \$2,978.

FUNDING

Federal Funding Sources

Older Americans Act

The Older Americans Act of 1965, as amended, is a principal Federal funding source to assist in the administration of State Agencies on Aging as well as in the development of community planning and social services for the elderly.

-- Title III provides limited funds for the administration of designated State Agencies on Aging and Area Agencies on Aging. The majority of Title III funds are allocated by the Department of Elder Affairs and the Area Agencies on Aging for the development, coordination and provision of social services, nutrition services, and multi-purpose senior center programs for the elderly.

-- Title IV-A provides supplemental funds for education and training programs as follows:

- (a) Gerontology Career Preparation Program
- (b) Minority Research Associate Program
- (c) Geriatric Fellowships Program
- (d) National Continuing Education Programs

-- Title IV-B offers funding support for research and development activities in the field of gerontology.

-- Title IV-E provides education and training funds for the Long Term Care Gerontology Centers Program and the National Aging Policy Study Centers Program.

-- Title V authorizes funds to the Department of Labor for older workers employment programs such as Senior Aides and

Green Thumb.

On October 18, 1978, the President signed the Comprehensive Older Americans Act Amendments of 1978, Public Law 95-478.

The Amendments were effective on October 1, 1978.

The 1978 Amendments represent continued progress in the process of establishing in each planning and service area a basic capacity to respond to the needs of older persons.

They consolidated under an amended Title III the social services, nutrition and multi-purpose senior center programs previously authorized under Titles III, VII and V.

The Amendments of 1978 contain the concept of a single focal point for service delivery within each community and expect that each area agency, in carrying out its plan, will assure that nutrition and social services are fully integrated.*

* 45 CFR parts 1320, 1321, 1324, 1326
Federal Register Vol. 44, No. 148, P. 45032

Social Security Act

The Social Security Act includes the following provisions containing Federal benefits for elders:

-- Title II sets standards for retirement and disability benefits of Social Security recipients.

-- Title XVI establishes the Supplemental Security Income (SSI) Program which guarantees a minimum income for the elderly, blind and disabled.

-- Title XVIII created the Medicare Program which provides medical insurance for elders and certain disabled Social Security beneficiaries.

-- Title XIX established the Medicaid Program which provides medical assistance to low-income individuals.

-- Title XX provides for the allocation of funds to each state for the provision of social services to low-income individuals.

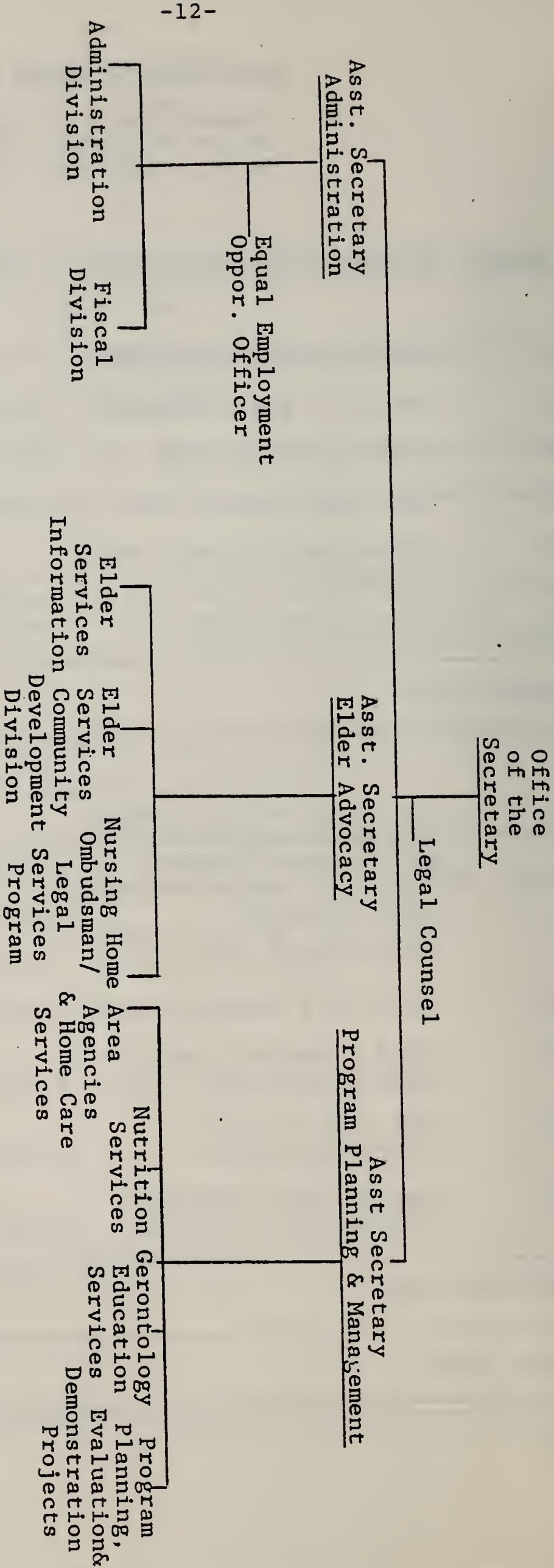
DEPARTMENT OF ELDER AFFAIRS

Summary Chart of Accounts
Active Programs - FY 1979
Date: September 13, 1979

<u>ACCOUNT NUMBER</u>	<u>ACCOUNT TITLE/DESCRIPTION</u>	<u>BUDGET PERIOD</u>	<u>STATE APPROPRIATION FED GRANT/CONT.</u>
<u>STATE</u>			
9100-0100	OFFICE OF THE SECRETARY	7-1-78 - 6-30-79	140,000
9100-1000	OFFICE OF ELDER AFFAIRS	7-1-78 - 6-30-79	960,000
9110-1620	ELDER SERVICE CORPS	7-1-78 - 6-30-79	200,000
9110-1630	HOME CARE SERVICE PROG.	7-1-78 - 6-30-79	35,000,000
9110-1800	DEMONSTRATION GRANT PROG. ALTERNATIVE SERVICES	7-1-78 - 6-30-79	500,000
9110-9002	COUNCILS ON AGING	7-1-78 - 6-30-79	200,000
STATE ACCOUNT TOTAL			\$37,000,000
<u>FEDERAL</u>			
9110-1074	TITLE III, FY 1979 FUNDS/ PROGRAM/SOCIAL SERVICES/ MULTI-PURPOSE CENTERS	10-1-78 - 9-30-79	5,352,306
	TITLE III, FY 1979 FUNDS/ ADMINISTRATION	10-1-78 - 9-30-79	467,078
	TITLE III, FY 1979 FUNDS FOR NUTRITION SERVICES	10-1-78 - 9-30-79	6,953,329
9110-1175	TITLE IV-A TRAINING PROG.	10-1-78 - 9-30-79	167,723
9110-1178	TITLE V SENIOR COMMUNITY SERVICE EMPLOYMENT PROG.	8-12-78 - 6-30-79	995,000
9110-1181	USDA CASH IN LIEU OF FOOD COMMODITIES	10-1-78 - 9-30-79	1,548,072 *
9100-1510	NURSING HOME OMBUDSMAN PROGRAM/LEGAL SERVICES	10-1-78 - 9-30-79	54,336
FEDERAL ACCOUNT TOTAL			\$15,537,844
ALL ACCOUNTS TOTAL			\$52,537,844

* estimate

ORGANIZATION CHART



D I V I S I O N O F E L D E R A D V O C A C Y

INFORMATION SERVICES

RESEARCH ACTIVITIES

LEGISLATIVE ACTIVITIES

PUBLIC INFORMATION

INTERGOVERNMENTAL RELATIONS

PROGRAM DEVELOPMENT SPECIALIST

OLDER AMERICANS ADVOCACY ASSISTANCE PROGRAM

COMMUNITY DEVELOPMENT

COUNCILS ON AGING

MULTI-PURPOSE SENIOR CENTERS

JOB DEVELOPMENT

SENIOR AIDES

ELDER SERVICE CORPS

VOLUNTEER SERVICE FOR ELDERS

ELDER ADVOCACY

During Fiscal Year 1979 the Department of Elder Affairs reached out extensively into the community to involve a variety of resources in the development and provision of services for elderly persons.

Statewide there is a growing awareness and commitment to the needs of elder citizens as witnessed by the continued development of Councils on Aging as part of the local government of our cities and towns. Council members, in turn, are actively participating in the development of services not only at the local level through senior centers but also for their region through the Boards and Advisory Councils of Home Care Corporations, Nutrition Projects, and Area Agencies on Aging.

The Department of Elder Affairs has provided for more direct input from the Councils by forming an active Council on Aging Advisory Committee to work directly with the Assistant Secretary of Advocacy. This group was most helpful to the Department through its dedicated participation and development of a comprehensive position paper on Policy Issues in Aging in the Commonwealth and a Report on Council on Aging Grants. Many of the issues raised were directly related to the 1978 Amendments to the Older Americans Act and have been followed by committee participation on the Older Americans Act Task Force of the Department and its subcommittee. The Task Force also included representation from other active groups; namely, the Citizens Advisory Committee and its subcommittees on Advocacy and Legislation which work directly with the Advocacy

staff members. Here we have focused in on the home care services delivery system and established a liaison between the Advocacy Subcommittee and the Home Care Directors Association.

The Legislative Subcommittee was extremely active in reviewing bills affecting services for elders and monitoring the progress of these bills through the state legislature. The Department's priorities were its own bills dealing with home care services, supportive services for congregate housing, the Elder Service Corps, the Nursing Home Ombudsman Program and broadening of the property tax exemption, plus the establishment of an Emergency Fuel Assistance Program and increases in Supplemental Security Income benefits.

The Advocacy Division continues its work in employment with the Senior Aide, Elder Service Corps, and volunteer programs expanding to work in the Advocacy Assistance Program, now providing ombudsman services to elders living in the community as well as those residing in institutional settings. Another thrust in the development of employment opportunities for elders has been supported by the Department of Manpower Development with a focus on the development of a statewide network of elder employment programs and a position paper on elder employment to be completed in the Fall. Once again, as a training experience, forty-three Senior Aides attended the National Legislative Conference of the Council of Senior Citizens in Washington, D.C. The highlight was a half-day session with the Massachusetts Congressional Delegates

and Secretary of Elder Affairs, Thomas H.D. Mahoney, Ph.D. It was sponsored by the Massachusetts Association of Older Americans and chaired by its President, Frank Manning.

Some other accomplishments during FY '79 included progress in congregate housing units, a joint statement of goals for mental health services for elders with the Department of Mental Health and the Massachusetts Association of Older Americans, continued development of new senior centers, grants to aid Councils on Aging and services for handicapped persons, details of which are in the following reports.

Under the leadership of a new Secretary, the Department anticipates continued development and implementation of services for the Commonwealth's older citizens.

INFORMATION SERVICES

Information Services are concerned with the identification of services needed by the elderly and then referred to the appropriate resources.

For support, our resource library contains books, journals and reports on many topics pertaining to the concerns of the elderly. We subscribe to 20 magazines and periodicals and exchange information with many states regarding their programs for the elderly. The library is open to the general public during regular Department hours.

During Fiscal Year 1979 this service responded to 5,700 phone calls, 600 letters and 270 personal visits to the office by the elderly and general public requesting information pertaining to our programs and general problems.

We also distributed, via the aging network and direct mail, over 6,000 pieces of literature describing the Department's programs and allied subjects.

In addition, the aging network was informed and given updated material on the various fuel assistance programs as well as material about health fairs held during the year.

SUMMARY OF RESEARCH ACTIVITIES

The research component within the advocacy unit supports activities benefiting older persons within and without the Department through data development and dissemination, consultation on research needs and methods, and preparation of position statements.

During FY 1979, specific projects included:

- Ongoing identification and review of statistical data relating to the characteristics and needs of Massachusetts older persons;
- Preparation of memorial resolutions commemorating Melnea Cass and David McSweeney;
- Researching costs related to legislative proposal extending elderly property tax abatement eligibility;
- Preparation of issues paper on protective services for older adults;
- Feasibility study of benefit rights publications series on such programs as Medicaid;
- Preparation of Department position statement for Congress on impact of funding allocation proposals on programs for older persons in Massachusetts;
- Development of manual (keysort card) information system for storage and retrieval of data on volunteers in Department activities;

- Consultation and data development for formula for allocating Senior Aide program positions throughout Department planning and service areas.

ANNUAL REPORT ON LEGISLATIVE ACTIVITIES

The legislative activity of the Department, shared with a legislative sub-committee of the Citizens Advisory Committee, identified Federal and State legislation affecting the elderly. It established priorities; prepared testimonies, policy statements and position papers; tracked legislation; worked with appropriate legislative committees; and communicated with advocacy groups and other organizations regarding pending legislation concerning the elderly.

The activity consisted of the following:

- (1) Screened approximately 8,000 bills filed in the General Court and compiled a list of 340 bills related to the elderly which was circulated to legislative committees within the DEA network;
- (2) Summarized 150 bills, tracked 118 bills, and disseminated results to DEA network;
- (3) Prepared 40 position statements and presented the testimony before 10 committees of the General Court;
- (4) Obtained approximately 100 Federal bills, prepared and presented testimony on 10 and tracked 40;
- (5) Responded to approximately 200 inquiries related to legislation.

DEA Legislative Priorities

The DEA Ombudsman Bill, House 68, redrafted and numbered House 5965, and Senate 409 filed by Senator Bertonazzi, redrafted and numbered Senate 1991 is similar to our bill and acceptable to DEA and, at the end of the fiscal year, both were in Ways and Means Committees.

The Ombudsman Bill establishes a Nursing Home Ombudsman Unit within the Department of Elder Affairs and provides authorization for processing and resolving complaints from various sources, conducting investigations, making unscheduled on-site inspections and providing access to records and files of agencies responsible for nursing care.

Senate 1862, an Act to Provide Supportive Service in Congregate Housing for the Elderly, filed by the Department, received a favorable report from the Committee on Urban Affairs. This bill, an alternative to institutionalization, was in the Senate Ways and Means Committee at the end of the fiscal year. Two hundred and fifty thousand dollars are requested for this purpose.

House 66, an Act Increasing the Stipend for the Elder Service Corps, has received a favorable report from the Committee on Public Services and, at the end of the fiscal year, was in the House Committee on Ways and Means. This Act provides for an increase in the monthly stipend for the Elder Service Corps from \$100 a month to \$110 a month. This increase is the first since the establishment of the Corps in 1974. This increase is provided for in the \$300,000 request in the Elder Service Corps budget.

House 5964, an Act Establishing the Home Care Program of the Department of Elder Affairs, is a new draft of House 64 filed by the Department. House 5964 was reported favorably by the Committee on Human Services and Elderly Affairs and referred to the House Ways and Means Committee. This Act mandates that DEA establish and operate on a statewide basis a Home Care Program including a sliding fee scale. The Program shall not be limited to the homemaker, chore, transportation, protective services, etc.

House 67, filed by the Department, allows a person upon reaching 70 years of age to file for a tax exemption at the next billing date. This bill, along with 115 other tax bills, is included in House 9196 and referred to the House Ways and Means Committee.

Senate 519, an Act Establishing an Emergency Fuel Assistance Program, received a favorable report from the Committee on Human Services and was referred to the Senate Ways and Means Committee. This bill will provide eligible individuals a one time payment of not more than \$250.

House 217, now Senate 1854, is an Act Relative to Supplemental Security Income Benefit Increase. This increase is necessary for a person to cope with inflation. This bill, at the end of the fiscal year, is in the Senate Ways and Means Committee.

Senate 1855, a redraft of Senate 431, provides for the protection of elderly residents of nursing homes and seeks to insure continuing care for these elderly. The purpose of such a receivership would be to safeguard the health and safety of

patients and protect them from adverse health effects. This bill allows a nursing home resident to request the Department of Public Health or the Attorney General to seek a receivership. If the request is not acted upon within five days, the resident or guardian may petition the Court for a receivership. Senate 1855, at the end of the fiscal year, was in the Senate Ways and Means Committee.

House 2176 regulates hospital and clinics in their collection of bills. It provides notification to patients of existence of financial assistance upon admission. This bill, at the end of the fiscal year, was in the House Ways and Means Committee.

Senate 1757 provides for information to certain patients and residents in hospitals, clinics and other facilities of their rights. These major provisions of now Chapter 214 include a written notice of rights upon admittance, freedom of choice of a physician and facility, an itemized bill, confidentiality of all records, inspection of medical records, and refusal to participate in research. This bill was signed by the Governor on May 23, 1979, and became Chapter 214.

House 750, now Chapter 408, enacted and signed by the Governor, provides that the income tax law be consistent with the Federal Internal Revenue Code. This allows for a one time \$100,000 capital gain exclusion for the sale of a principal residence by a taxpayer 55 years of age or older. On June 29, 1979, this bill was passed to be engrossed in the House.

Senate 518, now Chapter 320, establishes a corps of elder volunteers to provide visiting services to nursing home residents. Signed by the Governor on June 29, 1979, this bill is now Chapter 320.

House 5755 became Chapter 218 on June 14, 1979. This bill prohibits the Department of Public Utilities from authorizing a rate or charge for directory information service.

PUBLIC INFORMATION

The function of the Public Information Coordinator is to prepare and provide material describing the programs and services of the Department of Elder Affairs which are available to the elderly.

- Five Department Newsletters were produced;
- Council on Aging, Nutrition and Home Care Program flyers were updated;
- A new Elder Advocacy/Legal Services flyer was done;
- Material was coordinated and assistance provided for six Regional Health Fairs in recognition of Older Americans Month in May;
- Two flyers were designed for the new Volunteers Program;
- Press releases and information memoranda for the aging network and the media were prepared;
- Arrangements were made for staff members and program information to appear on radio and television;
- Prepared Annual Report and Programs and Services Manual.

INTERGOVERNMENTAL RELATIONS

The major responsibility of the Intergovernmental Relations Unit is to carry out the interdepartmental activities mandated by Chapter 1168 of the Acts of 1973 for mobilization of human, physical and financial resources to implement programs insuring the dignity and independence of elderly persons.

Fiscal Year 1979 activities included reviewing Federal and State regulations and programs for the purpose of assessing their potential benefits to the elderly and the disabled.

The A-95 Clearinghouse Review process provides the Department with one mechanism to carry out its advocacy function. The A-95 Review process is a Federally-mandated procedure for coordinating Federally-funded programs and activities with each other and with state, regional and local planning and program efforts. This process is an advocacy tool, as the Department evaluates proposals and plans in terms of their effect on elders and as it attempts to maximize the potential impact of Federal funds upon the elder population.

Application and plans in the areas of health, mental health, housing, community residences, transportation and community development have been reviewed during the period of July 1, 1978, through June 30, 1979. The Area Agencies on Aging and the Councils on Aging provided the Department with assistance in the review process.

Following is a breakdown of the applications reviewed by category: 23 health and mental health; 19 housing and community residences; 6 transportation; and 35 Community Development Block Grants.

TRANSPORTATION

The Department continues to promote the planning and development of a coordinated network of transportation delivery for elders and disabled persons. The Department participates as a member of the Project Advisory Committee to the Coordinated Transportation Project (CTP), a federally-funded project jointly administered by the Executive Office of Transportation and Construction and the Executive Office of Human Services. Over the past year, the CTP selected Region I, Western Massachusetts, as the demonstration area in which the coordination of human service agency transportation would be explored. A consultant firm was selected to survey the area and to make findings and recommendations in the form of a regional plan for coordination. During the coming year the implementation of a coordinated transportation plan should result.

Through its membership on the Executive Office of Transportation and Construction's Interagency Advisory Committee, the Department participated in the third funding year of the Urban Mass. Transportation Administration (U.M.T.A.) Section 16(b)(2) program, a program which provides capital equipment for private non-profit corporations to transport elders and disabled persons. The Department assisted in the screening, reviewing, evaluating and recommendations for funding applicants for Section 16(b)(2) funds.

In addition to the UMTA 16(b)(2) program, the Department promoted the active participation of the aging network in the

M.B.T.A. Suburban Bus Program and the Federal Section 18 Program for Public Transportation in Non-urbanized Areas.

The Department continues to advocate for physically accessible transportation facilities and services for elders and other mobility-impaired persons through its participation on the MBTA's Special Needs Advisory Committee. A significant achievement of this past year was the signing of a Memorandum of Understanding between the MBTA and the Special Needs Advisory Committee which outlines the roles and responsibilities of each with respect to transportation plans, policies, services and vehicle acquisitions, as they affect elders and disabled persons. In addition, the Special Needs Advisory Committee considered issues relating to the safety and evacuation of transit facilities, "The Ride", Transbus, Section 504 and the Transit Improvement Program for the MBTA area.

The Department recently became a member of the Joint Regional Transportation Committee to the Metropolitan Area Planning Council and represents the concerns of elders and disabled persons who reside within the Greater Boston area.

Finally, throughout the past year, technical assistance and consultation was provided to the aging network, other agencies, and transportation providers.

HANDICAP-RELATED ACTIVITIES

The Department continues to participate as an advocate on behalf of elders and disabled persons in a number of handicap-related issue areas. This advocacy role is carried out through Department membership on the Architectural Barriers Board, the Massachusetts Developmental Disabilities Council, the Developmental Disabilities Law Center, and the Interagency Council on Deafness.

A barrier-free environment and improved physical accessibility for elders and disabled persons are promoted through the Department's membership on the Architectural Barriers Board, a statewide compliance board within the Department of Public Safety. During the past year, we participated in forty meetings and decided over 250 cases concerned with compliance issues and requests for variances and advisory opinions. The Board played a significant role with the Department of Mental Health and the court-mandated improvements at the state schools for the mentally retarded in order to assure greater physical accessibility at these facilities. The majority of the other cases concerned municipal facilities such as town halls, courthouses, and police stations; restaurants, schools and colleges, apartment buildings, and recreational facilities.

The Department continues to have representation on the Massachusetts Developmental Disabilities Council and also has served on its Legislative/Advocacy Committee and currently chairs

its Equal Rights and Opportunity (Section 504) Committee. Among the Council's activities of the past year, the Department participated in: 1) the formulation of State Plan Objectives regarding Section 504, Nondiscrimination Based on Handicap; 2) the conception of a municipal advocacy project concerning Section 504 and other equal rights provisions; 3) a reception for Legislators to promote the Council's priority bills; 4) the Federal Programs Information and Assistance Project Conference; and 5) the Respite Care Conference.

A representative of the Department serves on the Advisory Council to the Developmental Disabilities Law Center. The Law Center is a federally-mandated advocacy project, established to promote and protect the legal rights and interests of the developmentally disabled in Massachusetts. A primary goal has been to create an awareness of the requirements of Section 504 and to assist with its implementation. The Law Center will shortly undertake the Municipal Advocacy Project which is designed to initiate and monitor negotiations between local officials and disabled residents of selected communities regarding Section 504, civil rights and equal access issues.

The needs of the deaf and hearing-impaired elders are represented through the Department's membership on the Massachusetts' Office of Deafness Interagency Council. Through this Council the Department has 1) endorsed the need for a statewide interpreter and referral system; 2) considered the need for a central registry of deaf persons; 3) attended the First Annual Convention for Service Providers of the Deaf; and 4) arranged

for the participation of home care caseworkers of Western Massachusetts in a special workshop on deafness co-sponsored by the Department of Mental Health and the Massachusetts Rehabilitation Commission. The Department also actively supports the activities of the Deaf Senior Citizens Center in its efforts to make known and address the needs of deaf and hearing-impaired elders throughout the aging network.

In the area of Section 504, the Department's Handicap Specialist provided additional technical assistance and consultation by participating in Section 504 seminars directed to disabled elders and the aging network. The Department also reviewed and prepared comments on the proposed Section 504 Regulations prepared by the U.S. Department of Housing and Urban Development and the U.S. Department of Transportation.

HOUSING ACTIVITIES AND ACCOMPLISHMENTS

In Fiscal Year 1979, the Department of Elder Affairs Housing Analyst provided program management for Chapter 367 housing demonstration projects which included: 3 congregate housing, 3 house-sharing, and 1 boardinghouse feasibility project.

Negotiations were completed and the Public Congregate Housing Memorandum of Understanding with the Department of Community Affairs was signed in April, 1979.

A cooperative effort with the Executive Office of Communities and Development produced the booklet "Guidelines for the Planning and Management of Public Congregate Housing for Elders" published in January.

Energy coordination activities continued to be one of the program responsibilities of the Housing Analyst. These activities focused on development and implementation of procedures to facilitate the access of elders to the Federal Energy Assistance Program administered by the Department of Community Affairs.

Technical assistance was provided for the Department of Elder Affairs-funded "Planning and Developing a Shared Living Project" booklet published by and for Action for Boston Community Development in the Summer of 1979.

Other activities of the Housing Analyst included: (a) filing legislation for the establishment of a State Congregate Housing Services Program; (b) securing a state budgetary line item of \$250,000 for Congregate Housing Services; (c) continuing to

provide technical assistance on housing-related matters to public and private agencies; and (d) coordination of A-95 Review for housing.

Memberships were maintained on a number of state and local agency committees, including the State Weatherization Policy Advisory Committee; Action for Boston Community Development Housing Committee; and Roxbury Action Program Housing.

Testimony and position statements were developed and presented before public and legislative hearings. For example:

- (a) Department of Public Health -- prepared oral testimony on regulation changes regarding minimum heat requirements.
- (b) Joint Committee on Human Services and Elder Affairs -- prepared written testimony regarding congregate housing and provision of services.

The DEA Housing Analyst participated in a variety of conferences and panel discussions including: the Annual Meeting of the Massachusetts Homes for the Aging; Senator Atkins Senior Conference; and Pre-retirement Training Workshops.

HEALTH

The goal of the Department in health advocacy programs continues to be the development and maintenance of comprehensive health programs which will improve the quality of life of the elderly population. In FY '79, the following took place.

In January, coordination was initiated with the Office of State Health Planning for the regional state hearings on the first State Health Plan developed by the State Health Coordinating Committee. Many senior citizens and staff people from provider agencies presented testimony at these hearings. Cooperation between the Office of State Health Planning, the Health Advocacy Office of the Department of Elder Affairs, Councils on Aging, and Home Care Corporations was excellent.

Continuation of the agency's representation on the Health Maintenance Organization Task Force (H.M.O.) was accomplished. There have been many new H.M.O. requests for funding this past year. During the review process, comment was made regarding the lack of services for the elderly and lack of representation of the elderly either as board members or participants during the planning phase of the H.M.O. development. This information was also shared with appropriate Home Care Corporations in an effort to have them contact the H.M.O. and encourage their participation in the early planning of the H.M.O.

A nationwide survey of 169 H.M.O.'s was mailed from the office with a 50% return of the questionnaires. The purpose of

this questionnaire was to learn of delivery of health services and scope of health services to elderly in other parts of the country by H.M.O.'s. Analysis and evaluation of this material is in process.

The Hospice Programs throughout the State are rapidly developing expertise and a personal design befitting their respective towns or regional areas. The Department encourages this concept of care as an alternative for the terminally ill patient and their family. A statewide conference sponsored by the Regional Cancer Control Hospice Committee will be held on September 29, 1979, and will give the Home Care Corporations a more intimate look at the specifics of a Hospice team and the nature of their functions. The Department is represented on several Hospice committees as well as the statewide Regional Cancer Control Hospice Committee and Philosophy Task Force.

FY '79 saw the cooperative efforts of the Mental Health Task Force for the elderly comprised of representatives from the Department of Mental Health, Department of Elder Affairs and Massachusetts Association of Older Americans develop a statement of goals for mental health service for the elderly in Massachusetts. These goals included:

1. Prevention
2. Building a system of community-based services
3. Residential care
4. Staff development and training
5. Evaluation, monitoring and research

The Community Support Program, which is a special project funded by the National Institute of Mental Health to the Massachusetts Department of Mental Health, selected three areas of the State to replicate a demonstration project similar to that of Brockton Multi-Service Center. The three areas are Cape Ann, Metropolitan-Beaverbrook, and Coastal Community formerly South Shore East. The Home Care Corporations and Councils on Aging in each of these geographic areas will be involved in assisting with the needs assessment and the further development of the plan for service.

The Department began to work more closely with the six Health Systems Agencies (H.S.A.s) in the State. Participation at H.S.A. IV meetings, which cover the greater Boston area, took place regularly and cooperation with the other H.S.A.s) in FY '79 was initiated.

Hill-Burton: Since the enactment of the Hill-Burton Act in 1946, general hospitals and other health facilities such as nursing homes, specialty hospitals, public health centers, and mental hospitals have received millions of dollars from the federal government for construction and expansion of facilities. The Free Care Obligation of the Act required that these same hospitals provide a reasonable amount of free care in proportion to their Hill-Burton funding to low income persons. Moreover, facilities with a Hill-Burton contract must cooperate with other publicly funded programs such as Medicaid and Medicare. Discrimination against such beneficiaries is regarded as noncom-

pliance under the law.

After 20 years, the hospital has fulfilled its Free Care Obligation; however, it also must comply with a Community Service Obligation which requires treatment of all patients needing emergency services.

The enforcement of this program was strengthened in FY '79 through the efforts of the Hill-Burton Program of the Department of Public Health, the Hill-Burton Task Force, and various statewide health consumer groups including the elder network. This kind of state interdepartmental and interagency collaboration has proven to be most effective. Massachusetts and California are the only states that have vigorously pursued the enforcement of the Hill-Burton Act.

PROGRAM DEVELOPMENT SPECIALIST

The Program Development Specialist in the Advocacy Division has the assignment of assisting in defining and working out new advocacy-service initiatives on behalf of the State's elderly and/or seeking special funding for these when necessary whether such initiatives are developed within the Department of Elder Affairs itself, among the agencies serving the elderly, or as collaborative endeavors of these agencies and the DEA.

Between November, 1978, and the end of June, 1979, the Program Development Specialist prepared several Information Memoranda on topics of general interest to the aging network for distribution by the Secretary of Elder Affairs through the agencies of that network. These included IMs on Proposed Regulations under the Federal Age Discrimination Act of 1975 and on availability to aging network agencies of special demonstration and research grant funds from the Health Care Financing Administration of the Department of Health, Education, and Welfare.

Other responsibilities during FY '79 included:

-- The coordination, on a statewide basis beginning in December, 1978, of six official health fairs in Danvers, Maynard, Hyannis, Chicopee, Lawrence and New Bedford. More than 2,000 elderly persons received health-screening examinations on Saturday, May 5, 1979, which had been nationally proclaimed by the Federal Administration on Aging as "Older Americans Health Fair Day." This was part of a national effort sponsored by the Administration on Aging, the Red Cross, and the National Health Screening Council.

-- Serving on the New England Telephone Company Consumer Panel along with other consumer organization personnel from February through June as the representative of the Assistant Secretary for Advocacy. The panel, which is a New England-wide endeavor being tried out on an experimental basis by the phone company, has accomplished the creation of a new billing format to make it easier for Spanish-language telephone users to understand and, if necessary, discuss their phone bills.

-- The researching and writing of background papers on the Federal Older Americans Act Amendments of 1978 as a member of the Departmental staff committee assigned to that task. These included: (a) methods for determining which members of a state's elderly population have the greatest economic and social needs; (b) methods for defining "rural communities" in a predominantly urban state like Massachusetts. These papers became the basis for special components of the DEA's State Plan for Fiscal Year 1980.

In addition, the Specialist was one of two Advocacy Division professionals who:

-- jointly staffed the Subcommittee on Administration Methodologies of the Older Americans Act Task Force appointed by the Secretary of Elder Affairs. The Task Force membership represented the aging network and was formed to help develop policy ideas for DEA in relation to some of the more controversial aspects of the Older Americans Act Amendments of 1978.

- represented the DEA as a member of a special Massachusetts Mental Health Department Site Review Team which made visits to local mental health catchment areas in the State during the Spring and early Summer of 1979. The purpose of the visits was to assess which "community support" programs (CSP) for mentally ill individuals being discharged from state hospitals into such areas were adequate in scope and quality to be eligible for formal approval by the Department of Mental Health.
- assisted in the staffing of the Advocacy Subcommittee of the DEA's Citizens Advisory Committee, including assuming responsibility for preparing comprehensive minutes of the three meetings of the Subcommittee held during the Spring of 1979.
- worked with various agencies in the statewide aging network (particularly during Spring, 1979) to develop research and/or demonstration proposals eligible to compete for special funding from, for example, the Robert Wood Johnson Foundation, the Federal Health Service (Health Care Financing Administration) and the Federal Administration on Aging.
- developed written and oral testimony for the Department of Elder Affairs on a number of legislative bills pertaining to the needs and rights of the elderly, including such issues as: the establishment of a Massachusetts Emergency Fuel Assistance Program; tenants' rights in

Cambridge and Brookline for those being evicted because of conversion of their apartments to condominiums; Federal Regulations to Implement Age Discrimination Act of 1975; Long Term Care Segment of Massachusetts' first Statewide Health Plan; proposed Social Security Act revisions in regulations governing income eligibility for receipt of Supplemental Security Income (SSI).

OLDER AMERICANS ADVOCACY ASSISTANCE PROGRAM

The Older Americans Advocacy Assistance Program is a federally mandated and funded project based at the Department of Elder Affairs.

In existence since 1973 as one of the six original nursing home ombudsman projects of the Administration on Aging, the program has evolved through several phases. In 1976, the program received a grant to develop legal services in addition to the ombudsman role, and, in 1978, the Administration on Aging combined these two projects and added a strengthened community focus. This project is now called the Older Americans Advocacy Assistance Program.

The Program is designed to assist elders in the greatest social and economic need. The Program receives and resolves problems and complaints involving long term care institutions both through the state agency and through local volunteer programs, acts as an information and referral agent for any older person with a problem--legal or otherwise--and assists the elderly in the community by assuring them of all their rights, benefits and entitlements guaranteed under federal, state and local laws.

Some areas in which the Older Americans Advocacy Assistance Program provides assistance are:

- assisting in the placement of "hard to place" nursing/
rest home patients;

- providing information and referral to an average of 150 people per month on such varied topics as Medicaid/Medicare, patients' rights, nursing home regulations, consumer protection, etc.;
- acting as an intervenor before the Public Health Council;
- giving testimony before legislative committees on bills pertaining to the improvement of the quality of life of all elderly;
- monitoring the licenses of nursing/rest home administrators by taking an active role on the Board of Registration of Nursing Home Administrators;
- providing for interagency coordination as a member of the Long Term Care Task Force;
- promoting legal service for the elderly by entering into a joint project with the Massachusetts Bar Association to develop a group of volunteer retired lawyers to act as advisors to local OAAA programs;
- developing materials for statewide distribution that provide timely information to elders and the aging network;
- resolving complaints and problems utilizing the combined efforts of the Department of Public Health, Department of Public Welfare, Attorney General's Office, Rate Setting Commission and Department of Mental Health;
- working with the Massachusetts Federation of Nursing Home Administrators to improve conditions in long term care facilities by taking an active role in the Peer Review Committee.

In addition to these areas, the Older Americans Advocacy Assistance Program has a system of trained volunteers who are knowledgeable in such areas as Medicare/Medicaid, consumer protection, legal issues of long term care institutionalization, rules and regulations of long term care facilities, pensions, and advocacy skills.

These volunteers, working under the direction of a supervisor and, in some cases, a pro bono attorney, provide services to areas throughout the Commonwealth. Volunteer programs are trained and operating or are in a state of implementation in the following program and service areas:

1. Area II of the Boston Commission on Affairs of the Elderly;
2. West Suburban Elder Services, Inc.
3. Montachusett Home Care Corp.
4. Elder Services of the Merrimack Valley (3 programs)
5. Senior Home Care Services, Inc.
6. King Philip Elder Services, Inc.
7. Southwest Boston Senior Services
8. Cambridge area
9. Mystic Valley Home Care Corp.
10. Greater Springfield area
11. Old Colony Elder Services
12. Multi-Human Service Center, Bellingham
13. Coastline Elderly Service
14. Minuteman Home Care Corporation
15. Bristol County Home Care for Elderly, Inc.
16. Baypath Senior Citizens Services, Inc.

17. Chelsea/Revere/Winthrop Home Care Corp.
18. Greater Lynn Senior Services
19. Worcester area

Training will continue during Fiscal Year 1981 due to an allocation of \$10,000 from the Title IV-A funds. This training will "fill in" those areas where there are gaps in the volunteer programs and provide additional training to the supervisors in order to keep the entire group informed of the most up-to-date rules and laws affecting the elderly of the Commonwealth.

The Older Americans Advocacy Assistance Program is well on its way to protecting the rights of all the elderly of Massachusetts.

AREA AGENCIES ON AGING WHICH SUBGRANT
TITLE III MONIES FOR LEGAL SERVICES

AREA	FY 79 NAME	FY 79 FUNDS *
Berkshire	Western Mass Legal Services	35,000
Franklin	Western Mass Legal Services	15,637*
Highland Valley	Western Mass Legal Services	24,000
Holyoke Chicopee	Western Mass Legal Services	26,518
Springfield	Western Mass Legal Services	22,374
Region II	Central Mass Legal Services	60,000
Senior	Neighborhood Legal Services	10,000
North Shore	Neighborhood Legal Services	14,000
Greater Lynn	Neighborhood Legal Services	20,731
Chelsea/Revere	Greater Boston Legal Services	30,000
Mystic Valley	Greater Boston Legal Services	22,691
Somerville/Cambridge	Cambridge/Somerville Legal	35,000
Minuteman	Cambridge/Somerville Legal	29,200
West Suburban	Greater Boston Legal Services	31,000
Baypath	So. Middlesex Legal Services	31,809
Bristol/Coastline	So. Middlesex Legal Services	70,500
Cape Cod & Islands	Legal Services of Cape Cod	16,000
Merrimack Valley	Merrimack Valley Legal Services	60,000
Boston	Greater Boston Legal Services	47,019
Old Colony *	Private Attorney	20,000

*Based on Area Agency Data

** Not an Area Agency

OLDER AMERICANS ADVOCACY ASSISTANCE VOLUNTEER PROGRAMS

1. Urban League - Services the Area II section of the Boston Commission on the Affairs of the Elderly Area Agency on Aging. Ten volunteers and a supervisor were trained and the program has been implemented.
2. Cooperative Metropolitan Ministries - Services the West Suburban Elder Services, Inc. program area. Eighteen volunteers and a supervisor were trained and the program has been implemented.
3. Consumer Advocates for Better Care, Inc. - Operates within the Montachusett's Home Care Corporation program area. Eleven volunteers and a supervisor have been trained and the program has been implemented.
4. Elder Services of the Merrimack Valley - Three programs service the entire Merrimack Valley. Sixty-one volunteers and a supervisor were trained and the program is expected to be implemented in September.
5. Senior Home Care Services, Inc. - Provides community advocacy to the Senior Home Care Services, Inc. area (Gloucester). Twelve volunteers have been trained and the program is in the process of being implemented.
6. King Philip Elder Services - Program services the King Philip Elder Services, Inc. program area. Nine volunteers and a supervisor were trained and the program implemented with the exception of Medvale.
7. Southwest Boston Senior Services, Inc. - Operates within Area I of the Boston Commission on the Affairs of the Elderly. The supervisor has been trained and volunteers are in the process of being trained. Upon the completion of training, the program will be implemented.
8. Mystic Valley Home Care Corporation - Operates within the Mystic Valley Home Care Corporation Area Agency on Aging. A supervisor has been trained and program implementation awaits the further commitment of Area Agency on Aging to the Older Americans Advocacy Assistance Program.
9. Greater Springfield Council of Churches Program which operates in Springfield, West Springfield and Agawam. Twelve volunteers and a supervisor were trained and the program implemented. This program, it should be noted, has been operating successfully for the past two years. It was the original volunteer program.
10. Multi Human Service Center - Operates within the planning and service area of the Elderly Home Care Services of South Worcester, Inc. This program was in being for over a year when the supervisor was taken ill and the program subsequently lost its funding. We are awaiting notification of future program status from the center.

11. Evergreen Program operates within the Old Colony Elder Services, Inc. program area. Seven volunteers were trained and the program was implemented. The supervisor of the Evergreen Program recently retired and his replacement is in the process of being trained.
12. Cambridge Committee on Elders - Operates in Cambridge with hopes of expanding into the entire Cambridge area. Six volunteers were trained and the program was implemented. The supervisor recently left the program and a interim person has taken over. It is expected that the new supervisor will be trained as soon as he/she is appointed.
13. Coastline Elderly Services - Operates within the Area Agency on Aging. Volunteers were trained and the program will be implemented when funding for the supervisor becomes available.
14. Minuteman Home Care Corporation program operates within the Area Agency on Aging of the same name. A supervisor had been trained but has recently left the program. Program implementation awaits a future commitment by the Area Agency on Aging.
15. Bristol County Home Care for Elderly, Inc. - Operates within the program area of the Bristol County Home Care for the Elderly. A supervisor had been trained but is presently in the process of leaving the program. Contact will be made with Bristol County Home Care to establish the future direction of the Older Americans Advocacy Assistance Program.
16. Chelsea/Revere/Winthrop Home Care Corporation - Operates within the Chelsea/Revere/Winthrop Home Care Corporation service area. Five volunteers were trained. A retired registered nurse was recently appointed supervisor when she and several other volunteers are trained, the program will be implemented.
17. Greater Lynn Senior Services - Operates within the Greater Lynn Senior Services program area with a commitment of \$4,500.00 for funding of a supervisor's salary by the same Area Agency. Four volunteers and a supervisor were trained and the program is due to be implemented in the near future.
18. Baypath Senior Citizens Services, Inc. - Services the Baypath Area Agency on Aging program area. Three volunteers and a supervisor were trained. Program implementation is being held up pending a further determination of the program by their Advisory Board.
19. Age Center of Worcester Area Inc. operates within the Greater Worcester area. A supervisor and volunteers were trained and the program is presently operating.

OLDER AMERICANS
ADVOCACY ASSISTANCE PROGRAM

For the Period of July 1, 1978 to June 30, 1979

Information & Referral	1,779
Complaints	388
Problems	169
Nursing Home Clearinghouse Assistance	255
	<hr/>
TOTAL	2,591

COMMUNITY DEVELOPMENT

Councils on Aging

Funding Source:	State Funds
Total Appropriation:	\$200,000

Significantly, 1979 was the year that Councils on Aging, recognized as the "grass roots" advocates for elder citizens throughout the Commonwealth, broadened their endeavors into state-wide involvement through the Council on Aging Advisory Committee to the Department's Advocacy Unit. New emphasis was placed on coordination and planning roles for Councils as well as furnishing direct services. Council participation in regional health and transportation planning increased greatly.

Noted accomplishments for the year included:

- Implementation of an annual reporting system which allows for more coordinated and standardized reporting of information on Council activities;
- Establishment of new Councils in six communities with a total of 318 municipalities now having Councils;
- Successful competition by Councils in even the smallest towns for Federal funds for construction and renovation of Senior Centers.

Sixty different Councils on Aging and five regional associations of Councils on Aging received state grants in 1979 with awards ranging from \$424 to \$11,300. Senior Centers and offices received fifteen grants for personnel and/or administrative costs; equipment and furnishings costs (24); professional and

contractual services (10); and special projects (16). These grants also provided for start-up and staffing costs for regional associations of Councils which provide another link in communications with local Councils. These grants shared in local appropriations of approximately 6.39 million dollars to Councils on Aging for Fiscal Year 1979.

STATE COUNCIL ON AGING GRANT AWARDS -- FY 1979

	<u>AREA</u>	<u>AMOUNT AWARDED</u>	<u>PURPOSE</u>
IA	BERKSHIRE		
	Adams	\$ 5,000	Part share of director's salary
	Lee	2,720	Equipment and furnishings at Senior Center
	Sandisfield	700	Equipment, furnishings and supplies
	Sheffield	1,000	Recreational program equipment
IB	FRANKLIN		
	Athol	2,000	Equipment and furnishings
	Deerfield	2,790	Equipment and furnishings for Senior Center
	Erving	1,694	Office and recreational supplies
	Shelburne Falls	1,300	Support ongoing programs, trans- portation and general
IC	HIGHLAND VALLEY		
	WMACA (Western Mass. Assn. of COA's)	10,100	Staff for administration and coor- dination in four counties
ID	HOLYOKE-CHICOPEE		
	Holyoke	2,000	Furniture and carpeting for dining room
	Ware	2,500	Portion of salary of COA Director
IE	SPRINGFIELD		
	Agawam	2,262	Part-time staff in day care center
IIA	MONTACHUSETT		
	Clinton	3,195	Provide outreach workers to isolate elders
	Fitchburg	2,000	Search for "invisible" elderly

	Pepperell	2,300	Coordinator for senior center
	Westminster	1,825	Support of elder worker
IIB	WORCESTER AREA		
	Oakham	1,200	Initiate programs for new senior center
	West Boylston	500	Increase direct service programs
	Worcester	11,300	Nursing home program
IIC	SOUTHERN WORCESTER		
	Southbridge (2)	2,000	Equip new drop-in center
	West Upton	1,450	Mimeograph machine and supplies
	Webster	8,500	Planning coordination of service delivery at senior center
IIIA	SENIOR HOME CARE		
	Rockport	1,525	I&R and other services at congregate site
IIIC	GREATER LYNN		
	Lynn	2,610	Spanish outreach worker
IIIE	MYSTIC VALLEY		
	Malden	3,514	A-V film presentation to handicapped elders
IIIF	SOMERVILLE/CAMBRIDGE		
	Cambridge	2,000	Survey consultants for planning and needs assessment
	Somerville	6,960	Housing advocacy and assistance
IIIG	MINUTEMAN		
	Burlington	4,200	Office staff, 500 calls monthly
	Lexington	1,100	Elder chorus
IIIH	WEST SUBURBAN		
	Belmont	500	Support of hypertension program

	Brookline	900	Job bank
	Watertown (2)	600	Outreach educational program
		800	Two-way radio
IIIIJ	BAYPATH		
	Marlboro	1,400	Print informational brochures, other PR
IIIIK	KING PHILIP		
	Medfield	6,500	One-half elderly mini-bus
	Norfolk	1,600	Support of friendly visitor; new mimeo machine for newsletter
	Walpole	3,500	Elderly transportation facilitator
IIII L	SOUTH SHORE		
	Braintree	6,830	Resource pooling and cooperative outreach efforts
	Hingham	2,000	Storm windows at senior center
	Quincy	3,000	Radio equipment for van
IVA	OLD COLONY		
	Carver	2,000	Furnishings and equipment for the senior center
	Kingston	1,590	Mimeo machines and other equipment
	Lakeville	500	Support a community outreach dinner
	Pembroke	1,500	Equipment for distribution of newsletter
	Plymouth Area	7,700	Strengthen regional network
	Plymouth CIRGA	1,200	Typewriter and travel funds for senior aide
	Plymouth (COA)	1,695	Copy machine
	Mass. Assn. of Sr. Center Directors	9,000	Personnel for statewide senior center advocacy

IVB BRISTOL COUNTY

Berkley	1,492	Kitchen equipment
North Attleboro (2)	1,242 500	Mileage and insurance Freezer for nutrition program
Westport (2)	1,000 1,075	Typewriter and other office equipment Peer help; widow(er) to widow(er)

IVC COASTLINE

Dartmouth	5,930	Outreach, advocacy, preventive health program
Rochester	1,600	Office equipment and supplies

IVD CAPE AND ISLANDS

Bourne	7,042	Outreach and advocacy
Chatham	6,125	Exercise, diet and health care program
Eastham	6,000	Outreach program
Oak Bluffs	850	Inflation garden
Orleans	2,000	Part-time office coordinator
Provincetown (2)	5,200 3,225	Nurse/outreach worker Physical fitness and health care services
Tisbury	950	Film equipment (16 mm)
UpIsland	4,490	Peer help; advocacy and friendly visiting

V MERRIMACK

Chelmsford	2,164	Respite care program
Dracut	2,000	Equipment and furnishings for senior center
West Newbury	1,000	Equipment and furnishings for senior center

SUBTOTALS (as of
February 22, 1979) \$196,945

IIC	Southbridge	1,131	Equipment and furnishings for senior center
IIIA	Gloucester	1,500	Provide staff for week-end meals service during summer
IIIA	Ipswich	424	Temporary staff for senior aides program

TOTAL

\$200,000

Multi-purpose Senior Centers

Funding Source:	Title V of the Older Americans Act
Federal Allocation:	\$1,118,150
Local Share:	Required: 25.0%/\$372,712. Cash + In-Kind
	Received: \$1,089,106. Cash + In-Kind

Forty-five agencies received Title V funds during Fiscal Year 1979 to acquire, alter, renovate or equip structures as multi-purpose senior centers. These funds benefited community centers, churches, former schools, new senior center buildings, veterans quarters, rented store fronts, civic (government) centers, and housing projects or other underutilized sites. Thirty-nine units of general purpose local government and six private non-profit corporations received Federal funds.

In many instances, these funds were coordinated with those from Community Development Block Grants, the Economic Development Act, and Revenue Sharing, as well as other local contributions. The popularity of the program can be attested to by noting the local matching resources received in excess of that required by regulations.

This brings the total of senior centers funded by Title V to 75 in 68 municipalities throughout the State.

JOB DEVELOPMENT

An increasing number of older persons are found who desire and need employment. This, together with several persistent economic and social conditions, has resulted in the establishment of the Department's Jobs Development Program, funded from the Senior Aides Project grant under Title V. Among these factors are trends toward a longer work life and away from mandatory retirement, continuing unemployment (with older workers encountering a relatively lower success rate in the jobs market place), inflation, and an enlarged Senior Community Employment Program.

Key elements of this program include:

- Identification of job potential and present openings in the private sector;
- Monitoring of Department of Employment Security, the Comprehensive Employment Training Act and other jobs and training programs aimed at employing older workers;
- Advocating employment opportunities for older workers in public and non-profit areas;
- Advocating part-time and flexible time work policies.

Employment has been found for older workers in a wide variety of fields including: store and sales positions; clerical, social service and secretarial jobs; consulting work; purchasing and other industrial department placements. In addition, a number of part-time assignments are both developed and received

for placement assistance; referral of these and other openings is a major part of the assistance pattern, with a four-to-one ratio of job referrals to known placements. The number of successful placements into full-time jobs, filled as a result of Departmental efforts, exceeds fifty placements. Referrals to existing agencies have added significantly to the total of older workers placed in employment of all types during the past year.

Most of the supplementary job development and placement assistance has come through elements of the newly formed Older Worker Employment Network. Some ninety individuals and agencies professionally concerned with jobs for elders in localities and regions across the State have banded together to support employment needs and goals, with the Departmental Program performing a planning and supportive leadership role in the mutual effort.

The Department has negotiated an interdepartmental agreement with the State Employment and Training Council unit of the Department of Manpower Development to provide liaison with State and Federal employment programs, to draft policy and implement regulations and procedures which will establish older workers as a viable resource and further activate their inclusion in the work force.

Grant proposals have been prepared to extend older worker acceptance and involvement. At press time, the most recently submitted of these, an application to the Department of Health, Education, and Welfare for job-related research, is awaiting grants committee action in Washington.

SENIOR AIDES

The past fiscal year has seen a rapid growth in the Title V Program. At the start of this fiscal year, the enrollment level of the Senior Aides Program was 205 enrollees. Through our additional awards within the fiscal year, we were able to increase our enrollment level to an all-time high of 272 enrollees.

The funding for the Title V Program is made available by the U.S. Department of Labor. The Department of Elder Affairs is the state-funded agency to administer the Senior Aides Program on a statewide basis. At the present time, the Department of Elder Affairs is serving 157 agencies.

Training opportunities in the Senior Aides Program include:

- Annual National Conference: Fiscal Year 1979 attended the National Council of Senior Citizens Special Constitutional Convention Legislative Conference in Washington, D.C. which highlighted the National Council of Senior Citizen's fight to make national health insurance an accepted health policy program for all;
- An in-state conference for all Title V enrollees: this includes national contractors that receive direct grants from the Department of Labor;
- A monthly regional Senior Aides Training Session.

In the Commonwealth, there are approximately 1,100 Senior Aides working for five organizations. They are: the Department of Elder Affairs, AARP, the Urban League, Green Thumb, and the National Council of Senior Citizens. The 1,100 older workers

work a 20-hour work week, 52 weeks per year, for a total of 1,144,000 man-hours per year to assist and help other older citizens within the Commonwealth.

The major accomplishment of the Title V Program is working in conjunction with social service agencies and coordinating national contractors in developing a unified plan to address these man-hours to the greatest needs within the aging community.

The Funding Source: Title V of the Older Americans Act.

Total Federal Share: Fiscal Year 1979 - \$995,000.

Local In-Kind Share (10%): \$110,555.

Placed in Unsubsidized Positions in Fiscal Year 1979: 8%.

THE ELDER SERVICE CORPS

Funding Source: State Funds
Total Appropriation: \$200,000

During Fiscal Year 1979, there were 168 Elder Service Corps enrollees assigned to 86 agencies through the Commonwealth of Massachusetts. Of the total enrollment of 98 women and 70 men, there were 19 black and 14 other minorities, including 1 Oriental and 2 handicapped (housebound).

The distribution of Elder Service Corps volunteers is as follows:

<u>Location</u>	<u>Number of Enrollees</u>
Area I - Western Massachusetts	30
Area II - Worcester County	23
Area III - Metropolitan Boston	43
Area IV - Southeastern Massachusetts and Cape/Islands	32
Area V - Merrimack Valley	8
Area VI - Boston	<u>32</u>
TOTAL:	168

<u>Agency Distribution</u>	
Home Care Corporations	21
Councils on Aging	23
Nutrition Projects	3
Community Action Programs	30
Private	3
Housing	4
Area Agency on Aging	1
Hospital	<u>1</u>
TOTAL:	86

VOLUNTEER SERVICE FOR ELDERS

In May of Fiscal 1979 the Advocacy sector of the Department began a new task of setting up a talent and skills bank for volunteers to serve the elderly. Unlike other volunteer services limited to people 55 years of age and older, the new service expects to encompass every segment of the population and include all age groups -- including senior citizens themselves. Volunteers are being asked to pledge a minimum of two hours per month on a regular, on-going basis.

To date, the coordinator of the program has spent a great deal of time in the field, acquainting civic, fraternal, community and religious organizations with the program and the recruitment of volunteers. Two flyers for statewide distribution are in the planning stages. Through personal attention and the written word, the continuing need for assistance to the elderly, on a voluntary basis, continues to be stressed. It is anticipated that by a statewide concerted effort on behalf of the new volunteer services at every level, further aid and comfort will be made available to our senior population.

D I V I S I O N O F
P R O G R A M P L A N N I N G A N D M A N A G E M E N T.

HOME CARE PROGRAM

AREA AGENCIES ON AGING

PROGRAM FUNDING BY PLANNING AND SERVICE AREA

TITLE III-C NUTRITION PROGRAM

SPECIAL DEMONSTRATION PROJECTS

EDUCATION AND TRAINING PROGRAM

TITLE IV-A PROGRAM

PRE-RETIREMENT

PROJECT HEALTHY

AFFIRMATIVE ACTION/EQUAL OPPORTUNITY PROGRAM

HOME CARE PROGRAM

Fiscal Year 1979 was a period of growth for the Home Care network. The last of the regional Home Care Corporations, Coastline Elder Services in the New Bedford area, became operational in November of 1977 to complete the network statewide. Thus, all organizational issues had been completed in Fiscal year 1978.

The Title XX Home Care Program includes five (5) services: Case Management, Information and Referral, Homemaker, Chore, and Transportation. Case Management and Information and Referral are provided directly by the Home Care Corporations; the other services are provided under subcontracts with existing agencies.

The growth of the network during Fiscal Year 1979 is shown by the over 39% increase in the number of individuals receiving home care services. In June 1978, the unduplicated monthly caseload was 19,631. In June 1979, the unduplicated caseload was 27,360--an average monthly increase of 644 individuals.

Included in this growth was the transfer of 643 clients from the Department of Public Welfare. These recipients of Supplemental Security Income-Disability Assistance (SSI-DA) are between the ages of 60 and 65. They were transferred to the Home Care network during April, May, and June of 1979. Since July 1, 1979 all new requests for services by clients in this category are received directly by the Home Care Corporations.

The growth in the number of elders served is also due to an increase in the Title XX income eligibility limit for a one-person family. Effective October 1, 1978, the eligibility limit was raised from \$4,800. to \$5,200. gross annual income. This allowed individuals slightly over the original eligibility levels (often

due to increased social security benefits) to have immediate and easy access to Title XX Home Care services.

The growth in individuals served was reflected in the growth of budgets for Home Care services. In June 1978, the monthly home care service expenditure was \$2.18 million; for June 1979, the projected monthly expenditure was \$3.15 million. It now appears that Fiscal Year 1979 spending for the basic Title XX eligibility program will be \$30.65 million. Total spending for the Title XX program in Fiscal Year 1978 was \$21.15 million, indicating an annual spending increase of 45%.

In addition to the Title XX Home Care Program expansion, the Department also initiated the statewide Sliding Fee Program for Home Care services. The Program was in effect on October 1, 1978, and conformed to the Fiscal Year 1979 budget description which stated: "... that not less than \$1 million nor more than \$2 million of the funds appropriated hereunder shall be used for the provision of home care services through a sliding fee scale system to certain persons ineligible for Title XX services." The financial eligibility limits under the Sliding Fee Program were established as follows:

<u>Family Size</u>	<u>Title XX Annual Gross Income</u>	<u>Sliding Fee Program Annual Gross Income</u>
1	0 - \$5,200	\$5,201 - \$ 6,200
2	0 - 7,300	7,301 - 8,100
3	0 - 8,000	8,001 - 10,000
4	0 - 9,900	9,901 - 11,900

Individuals and families 60 years of age and older who are financially eligible and determined to be in need of services may be eligible to receive one or more of the Home Care services

available under Title XX. Those who receive homemaker services under the Sliding Fee Program pay a monthly fee, based on their income, to the Home Care Corporation. There is no fee for other services. Fee collection through June 1979 amounted to \$9,960 or 2.5% of the expenditures.

During Fiscal Year 1979, 1,107 elderly persons were served by the Sliding Fee Program. The total projected expenditure from October 1, 1978 through June 30, 1979 was \$646 thousand, with a minimum projected \$1.38 million annualization rate for Fiscal Year 1980.

AREA AGENCIES ON AGING

As of June 1979, twenty Area Agencies on Aging have been designated in Massachusetts. Under the Older Americans Act, the Department of Elder Affairs is required to divide the State into Planning and Service Areas (PSAs) and to designate an Area Agency on Aging for each PSA. There are twenty-three PSAs in the State. Thus, there are three PSAs in which no Area Agency on Aging has yet been designated. Area Agencies conduct assessments of the needs of elders, analyze resources available to meet those needs, and prepare plans for the use of funds under Title III of the Older Americans Act to develop a coordinated and consolidated service delivery system for elders in their areas.

Table VII depicts an analysis of the types of services funded by Area Agencies on Aging through Fiscal Year 1979. (Note: the Federal Fiscal Year runs from October 1 to September 30, the State Fiscal Year from July 1 to June 30. For this reason, it is not always possible to reorganize data relating to Federal programs into the State Fiscal Year.)

Table VIII shows the amount of Title III (and other funds) allocated to each Planning and Service Area. Area Agencies may use up to 15% of the Title III allocation for developing and administering the Area Plan and up to 20% of the allocation for coordinating services and pooling resources for elders. The remaining 65% of the funds must be awarded in the form of subgrants and/or sub-contracts to local agencies to carry out the purposes of the Area Plan.

PROGRAM FUNDING BY PLANNING AND SERVICE AREA

Table VIII displays the allocations of all program funds of the Department by Planning and Service Area. Not all funds allocated by the Department are distributed on a strictly regional basis. State grants to Councils on Aging and State Demonstration Grants for instance, are awarded directly to municipalities, town organizations, or other non-profit organizations without passing through regional structures such as the Area Agencies on Aging/Home Cares. Elder Service Corps funds are actually stipends paid to Elder Service Corps volunteers who are assigned to agencies and organizations within the regions, but are not necessarily tied in to the regional agencies. Title IV-A Training and Education funds are contracted to institutions of higher learning and other training resources within specific areas, but the training and education offered by the institutions is available to elders and people working with elders from surrounding areas. Also, although Title V Senior Community Service Employment Program funds are allocated regionally by the Department, Table VIII does not give a complete picture of the impact of these funds. In addition to the Title V programs funded by the Department, there are a number of Title V programs in the State funded through the National Council of Senior Citizens, the National Retired Teachers Association/American Association of Retired People, and Green Thumb. These programs are primarily organized in planning and service areas which are not funded by the Department. Title V funds shown as other, breakdown as follows:

1. Region II Area Agency on Aging	\$120,816
2. New England Institute for Health	\$ 5,000
3. Western Mass. Councils on Aging	\$ 6,860
4. Plymouth Council on Aging	\$117,761

Finally, in Worcester County and Boston, the Area Agencies on Aging cover the service areas of the three Home Care Corporations and Title III Nutrition Projects in each area. Thus, the totals of all funding sources for those service areas have been aggregated into the totals for the Planning and Service Areas covered by the two Area Agencies on Aging.

From the above discussion, it is clear that an absolutely accurate analysis of funding levels between Planning and Service Areas is not possible. However, Table VIII does give a general picture of the total resources made available by the Department for programs and services for elders in each region. More program information regarding the Councils on Aging, Senior Centers, Senior Aides, and Elder Service Corps can be found under the section of Community Development.

Table IX shows an analysis of the major funding sources by area on the basis of the population 60+. This Table further delineates the average dollar allocated for each person 60+ for each funding source and for the total funds (Titles XX, IIIB and IIIC) distributed for each area. The population data is based on the most current data released in the Administration on Aging publication entitled: "The Elderly Population: Estimates by County, 1979."

Table X further shows an analysis of the major funding sources by area on the basis of population 60+ below the poverty level. Again, The average dollar allocated for each person 60+ below the poverty level is calculated for each funding source and for the total funds (Titles XX, IIIB and IIIC) distributed for each area. This population data for persons 60+ below the poverty level is based on the Department's planning figures and has been previously noted in the 1978 State Plan on Aging.

TITLE XX MONTHLY CASELOAD STATISTICS BY SERVICE CATEGORY FISCAL YEAR 1979

	<u>CASE MANAGEMENT</u>	<u>HOMEMAKER</u>	<u>CHORE</u>	<u>TRANSPORTATION</u>	<u>UNDUPLICATED CLIENTS</u>
JULY	10,700	13,120	1,550	2,024	20,100
AUGUST	11,900	13,830	1,750	2,289	20,754
SEPT	12,100	14,217	1,400	2,564	21,213
OCT	12,500	14,847	1,500	2,366	21,848
NOV	12,850	15,634	1,650	2,625	22,327
DEC	12,800	15,790	1,680	2,684	22,574
JAN	12,975	16,602	1,730	3,172	23,326
FEB	12,696	17,045	1,570	2,963	23,558
MARCH	12,689	17,342	1,755	3,352	24,031
APRIL	13,107	17,191	1,790	3,497	24,755
MAY	13,817	18,742	2,399	4,196	25,836
JUNE	13,927	18,712	2,581	3,705	26,320

TABLE VII

ANALYSIS OF SERVICES FUNDED BY TITLE III-B FOR THE PERIOD FY 1979

<u>PROGRAM</u>	<u>ALLOCATED \$</u>
Visual Impairment	14,950
Legal Services	534,161
Counseling/Friendly Visitor	155,741
Housing	93,604
Day Care	208,718
Health	579,603
Senior Employment	96,471
Case Management	42,118
Homemaker	622,453
Chore	34,174
Transportation	551,014
Nutrition	31,709
Protective Services	28,000
Information & Referral/Outreach	102,731
Recreation	47,960
Training	67,930
Senior Centers	93,425
Other	<u>236,034</u>
TOTAL	<u><u>3,540,796</u></u>

TABLE VIII

FY '79 ALLOCATIONS OF FUNDS BY PLANNING AND SERVICE AREA

MOORE CARE CORPORATION Geographic Location	TITLE XX	TITLE III-A	TITLE III-C	TITLE IV-A	TITLE IX	ELDER SERVICE	COUNCIL ON AGING	STATE GRANTS (DEMO)	U.S.D.A.	TOTAL
1. Berkshire	788,396.00	183,352	212,867	3,698	49,938	-0-	9,420	-0-	39,875.00	1,287,546.00
2. Franklin	646,350.00	146,465	193,456	-0-	34,955	2,300	7,784	58,313	26,614.29	1,116,237.29
3. Highland Valley	643,626.00	138,702	174,774	3,448	41,947	3,600	10,100	5,640	35,508.73	1,057,345.73
4. Holyoke/Chicopee (GROP)	1,141,991.00	154,024	302,617	3,313	73,405	1,200	4,500	-0-	35,979.21	1,717,029.21
5. Springfield	1,411,813.00	287,408	392,672	-0-	-0-	2,400	2,262	-0-	74,836.13	2,171,391.13
6. Montachusett (HOC)	917,026.00	218,906	218,906	6,210	-0-	3,550	9,320	9,073	37,407.06	37,407.06
7. Worcester	1,445,869.00	588,281	293,698	9,136	-0-	-0-	13,000	6,036	69,774.94	69,774.94
8. South Worcester	706,418.00	174,169	180,775	-0-	-0-	-0-	11,950	14,810	24,370.25	24,370.25
9. Gloucester or Cape Ann/Beverly	790,636.00	124,438	180,574	5,463	-0-	-0-	1,525	-0-	36,282.70	36,282.70
10. North Shore	781,345.06	143,736	180,574	-0-	41,947	4,800	-0-	36,608	37,841.92	37,841.92
11. Lynn	803,556.57	121,542	180,827	-0-	34,955	2,100	2,610	-0-	70,760.48	70,760.48
12. Chelsea/Revere/Hinthrop	1,471,081.00	191,971	150,536	-0-	24,469	-0-	-0-	-0-	54,237.78	54,237.78
13. Myatic Valley (Malden)	1,891,792.00	233,687	310,258	-0-	140,856	5,550	3,514	33,950	52,134.14	52,134.14
14. Somerville/Cambridge	1,802,369.00	226,829	280,853	16,470	48,938	2,400	8,960	16,000	48,312.58	48,312.58
15. Minuteman	896,358.00	174,630	209,132	12,546	78,258	1,050	5,300	40,663	24,514.92	24,514.92
16. West Suburban	1,434,637.00	255,828	338,783	-0-	24,048	5,900	2,800	13,712	32,211.08	32,211.08
17. Baypath (SMOC)	726,422.00	138,608	165,982	-0-	37,397	3,050	1,400	-0-	26,916.14	26,916.14
18. King Philip	484,844.00	102,450	117,769	-0-	21,793	-0-	11,600	-0-	14,569.78	14,569.78
19. South Shore	1,044,868.00	211,588	269,576	770	29,445	2,800	11,830	-0-	29,555.87	29,555.87
20. Old Colony	1,688,792.00	246,218	298,818	2,160	8,442	4,800	25,185	-0-	48,094.51	48,094.51
21. Bristol (Fall River)	1,304,893.00	236,524	317,911	8,612	-0-	5,850	5,309	-0-	83,859.21	83,859.21
22. Coonstine (New Bedford)	929,968.00	180,726	320,000	2,954	-0-	2,400	7,530	-0-	63,250.46	63,250.46
23. Cape and Islands	1,147,472.00	196,313	222,877	13,169	-0-	6,000	35,882	-0-	45,263.42	45,263.42
24. Merrimack Valley (Lawrence)	1,907,498.00	408,952	535,267	6,234	-0-	6,000	5,164	16,362	82,311.66	82,311.66
25. Boston Area I	1,305,263.00	combined	319,652	19,785	-0-	3,600	-0-	34,869	41,998.06	41,998.06
26. Boston Area II	3,721,954.00	970,012	808,247	-0-	-0-	-0-	-0-	25,492	81,003.60	81,003.60
27. Boston Area III	3,107,806.00		507,043	1	250,437	1,200	-0-	132,172	94,981.19	94,981.19
Other				4,558			3,055			
				3,553						
Statewide	34,943,043.63	5,662,364	7,678,039	113,968	941,230	70,550	196,945	459,221	1,312,465.11	1,312,465.11
TOTAL	34,943,043.63	5,662,364	7,678,039	122,079	941,230	70,550	200,000	459,221	1,312,465.11	1,312,465.11

{ 11,166.00

{ 4,559,004.25

{ 11,425,514.85

51,388,991.74

TABLE IX

ANALYSIS OF MAJOR FUNDING SOURCES BY AREA ON THE BASIS OF POPULATION 60+

HOME CARE CORPORATION	POPULATION 60+ *	TITLE XX \$ PER 60+ ALLOC.	TITLE IIIB \$ PER 60+ ALLOC.	TITLE IIIC \$ PER 60+ ALLOC.	TOTAL TITLES XX, IIIB & C	TOTAL PER 60
Berkshire	27,100	788,396	183,352	212,867	1,184,615	43.71
Franklin	14,000	646,350	146,465	193,456	986,271	70.44
Highland Valley	19,900	643,626	130,702	174,774	957,102	48.10
Holyoke/Chicopee	23,600	1,141,991	154,024	302,617	1,598,632	67.73
Springfield	48,700	1,411,813	287,408	392,672	2,091,893	42.95
Montachusett	28,351	917,026	588,281	218,906	4,344,367	40.07
Worcester	52,524	1,445,869	588,281	293,698	1,095,849	62.62
South Worcester	27,525	706,418	124,438	174,169	1,105,655	52.15
Cape Ann/Beverly	17,500	790,636	143,736	180,775	1,105,925	44.95
North Shore	21,200	781,345	121,542	180,827	1,813,588	128.62
Lynn	24,600	803,556	191,971	150,536	2,435,737	49.30
Chelsea/Revere/Minthrop	14,100	1,471,081	233,687	310,258	2,310,051	72.19
Mythic Valley	49,400	1,891,792	226,829	280,853	1,280,120	36.67
Somerville/Cambridge	32,000	1,802,369	174,630	209,132	2,029,248	30.93
Minuteman	34,900	896,358	255,828	338,783	1,031,092	36.82
West Suburban	65,600	1,434,637	138,688	165,982	705,063	30.92
Daypath	28,000	726,422	102,450	117,769	1,526,032	29.57
King Philip	22,800	484,844	246,218	269,576	2,233,828	46.15
South Shore	51,600	1,044,868	211,588	298,818	1,859,328	38.10
Old Colony	48,400	1,688,792	236,524	317,911	1,430,694	47.85
Bristol	48,800	1,304,893	180,726	320,000	1,566,662	41.88
Coastline	29,900	929,968	196,313	222,877	2,851,717	37.67
Cape and Islands	37,400	1,147,472	408,952	535,267	10,739,977	102.19
Merrimack Valley	75,700	1,907,498	970,012	808,247		
Boston I	24,450	1,305,263		507,043		
Boston II	32,350	3,721,954				
Boston III	48,300	3,107,806				
TOTAL	948,700	34,943,043	5,662,364	7,678,039	48,283,446	

TABLE X
ANALYSIS OF MAJOR FUNDING SOURCES BY AREA ON THE
BASIS OF POPULATION 60+ BELOW THE POVERTY LINE

HOME CARE CORPORATION	POPULATION		DOLLARS		DOLLARS		DOLLARS		TOTAL		TOTAL DOLLARS
	60+ POOR	TITLE XX ALLOCATION	60+ POOR	TITLE IIB ALLOCATION	60+ POOR	TITLE IIIC ALLOCATION	60+ POOR	TITLE TITLES XX, IIB & C	60+ POOR		
1. Berkshire	5,629	788,396	140.05	183,352	32.57	212,867*	37.81	1,184,615	210.44		
2. Franklin	3,221	646,350	200.66	146,465	45.47	193,456*	60.06	986,271	306.20		
3. Highland Valley	3,965	643,626	162.33	138,702	34.98	174,774*	44.07	957,102	241.39		
4. Holyoke/Chicopee	6,372	1,141,991	179.22	154,024	24.17	302,617*	47.49	1,598,632	250.08		
5. Springfield	9,239	1,411,813	152.81	287,408	31.10	392,672*	42.50	2,091,093	226.41		
6. Montachusett	7,080	917,026	129.52			218,906	30.90				
7. Worcester	7,080	1,445,869	204.21	588,281	27.70	293,698	41.48	4,344,367	204.54		
8. South Worcester	7,080	706,418	99.77			174,169	24.60				
9. Cape Ann/Beverly	3,044	790,636	259.73	124,438	40.87	180,775	59.38	1,095,849	360.00		
10. North Shore	4,195	781,345	186.25	143,736	34.26	180,574	43.04	1,105,655	263.49		
11. Lynn	4,156	803,556	193.34	121,542	29.24	180,827	43.50	1,105,925	266.10		
12. Chelsea/Revere/Winthrop	3,009	1,471,081	488.89	191,971	63.79	150,536	50.02	1,813,588	602.72		
13. Mystic Valley	8,531	1,891,792	221.75	233,687	27.39	310,258	36.36	2,435,737	285.51		
14. Somerville/Cambridge	6,390	1,802,369	282.06	226,829	35.50	280,853	43.95	2,310,051	361.51		
15. Minuteman	4,850	896,358	184.81	174,630	36.00	209,132	43.12	1,280,120	263.94		
16. West Suburban	7,523	1,434,637	190.70	255,828	34.00	338,703	45.03	2,029,248	269.73		
17. Baypath	4,534	726,422	160.21	138,608	30.58	165,902	36.60	1,031,092	227.41		
18. King Philip	3,186	404,844	152.17	102,450	32.15	117,769	36.96	705,063	221.30		
19. South Shore	6,779	1,044,868	154.13	211,588	31.21	269,576	39.76	1,526,032	225.11		
20. Old Colony	8,442	1,608,792	200.04	246,218	29.16	290,018	35.39	2,233,828	264.60		
21. Bristol	11,451	1,304,893	113.95	236,524	20.65	317,911	27.76	1,859,328	162.37		
22. Coastline	9,487	929,968	98.02	180,726	19.04	320,000	33.73	1,430,694	150.81		
23. Cape and Islands	6,196	1,147,472	185.19	196,313	31.68	222,877	35.97	1,566,662	252.85		
24. Merrimack Valley	17,399	1,907,498	109.63	408,952	23.50	535,267	30.76	2,851,717	163.90		
25. Boston I	6,023	1,305,263	216.71			319,652	53.07				
26. Boston II	6,023	3,721,954	617.95	970,012	53.68	808,247	134.19				
27. Boston III	6,023	3,107,806	515.98			507,043	84.18				
TOTAL	176,907	34,943,043		5,662,364		7,678,039		48,283,446			

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SUMMARY OF PAYMENTS

1979

	ADMINISTRATION	CASE MANAGEMENT	HOMEMAKER	CHORE	TRANSPORTATION	TOTAL
JULY	345,160 17.3%	151,477 7.6%	1,409,253 76.8%	48,409 2.4%	37,788 1.9%	1,992,087 100%
AUGUST	409,625 17.9%	158,391 6.9%	1,623,001 71.1%	49,038 2.2%	42,896 1.9%	2,282,951 100%
SEPTEMBER	381,490 17.5%	137,795 6.3%	1,566,499 72.1%	43,854 2.0%	44,283 2.1%	2,173,921 100%
OCTOBER	403,556 16.9%	155,471 6.5%	1,731,582 72.3%	52,803 2.2%	51,154 2.1%	2,394,566 100%
NOVEMBER	436,534 17.7%	158,144 6.4%	1,764,898 71.4%	58,912 2.4%	51,738 2.1%	2,470,226 100%
DECEMBER	399,805 16.5%	155,059 6.4%	1,767,702 72.9%	54,233 2.2%	48,086 2.0%	2,424,885 100%
JANUARY	456,991 17.3%	166,117 6.3%	1,914,133 72.4%	52,907 2.0%	53,762 2.0%	2,643,910 100%
FEBRUARY	427,370 17.3%	152,992 6.2%	1,799,464 72.7%	45,411 1.8%	48,599 2.0%	2,473,836 100%
MARCH	456,202 16.4%	182,667 6.5%	2,054,638 73%	65,419 2.3%	50,294 1.8%	2,809,220 100%
APRIL	468,534 17.0%	156,639 5.7%	2,019,727 73.1%	61,117 2.2%	56,630 2.0%	2,762,647 100%
MAY	480,902 15.7%	196,393 6.4%	2,259,821 73.8%	68,375 2.1%	57,709 2.0%	3,063,200 100%
JUNE *	36.0%	16.0%	45.0%	2.0%	1.0%	100%
	272,597	120,068	340,641	12,516	11,598	757,420
TOTAL	4,938,766 17.5%	1,891,213 6.7%	20,251,359 71.6%	612,994 2.2%	554,537 2.0%	28,248,869 100%

*Not Complete: Total FY'79 Invoices Not Processed

TABLE 1
TITLE XX - HOME CARE

ANALYSIS OF TOTAL COST PER CLIENT - ALL SERVICES - FROM 7-1-79 TO 6-30-79

<u>MONTH</u>	<u>FY '79 CLIENTS</u>	<u>TOTAL COST</u>	<u>COST PER CLIENT (ANNUAL)</u>
'78 JULY	20,100	1,992,087	1,189
AUG	20,754	2,282,951	1,320
SEPT	21,213	2,173,921	1,230
OCT	21,848	2,394,566	1,315
NOV	22,327	2,470,226	1,328
DEC	22,574	2,424,885	1,289
'79 JAN	23,326	2,643,910	1,360
FEB	23,558	2,473,836	1,260
MAR	24,031	2,809,220	1,403
APR	24,755	2,762,647	1,339
MAY	25,836	3,063,200	1,423
JUNE *	26,520	757,420	343

TOTAL

TABLE 2A

TITLE XX

ANALYSIS OF COST PER CLIENT - HOMEMAKER SERVICE - FROM 7-1-78 TO 6-30-79

<u>MONTH</u>	<u>CLIENTS</u>	<u>TOTAL COST</u>	<u>COST PER CLIENT (ANNUAL)</u>
'78 JULY	13,120	1,409,253	1,289
AUG	13,830	1,623,001	1,408
SEPT	14,217	1,566,499	1,322
OCT	14,847	1,731,582	1,340
NOV	15,634	1,764,898	1,355
DEC	15,790	1,767,702	1,343
'79 JAN	16,682	1,914,133	1,377
FEB	17,045	1,799,464	1,267
MAR	17,345	2,054,638	1,434
APR	17,191	2,019,727	1,410
MAY	18,742	2,259,821	1,447
JUNE *	18,712	340,641	218

TOTAL

TABLE 2B
TITLE XX

ANALYSIS OF COST PER CLIENT - CHORE SERVICE - FROM 7-1-78 TO 6-30-79

<u>MONTH</u>	<u>CLIENTS</u>	<u>TOTAL COST</u>	<u>COST PER CLIENT (ANNUAL)</u>
'78 JULY	1,550	48,409	375
AUG	1,750	49,038	336
SEPT	1,400	43,854	376
OCT	1,500	52,803	422
NOV	1,650	58,912	428
DEC	1,680	54,233	387
'79 JAN	1,730	52,907	367
FEB	1,570	45,411	347
MAR	1,755	65,419	447
APR	1,790	61,117	410
MAY	2,399	68,375	342
JUNE *	2,581	12,516	58
TOTAL			

*Not Complete: Total FY'79 Invoices Not Processed

TABLE 2C

TITLE XX

ANALYSIS OF COST PER CLIENT - TRANSPORTATION - FROM 7-1-78 TO 6-30-79

<u>MONTH</u>	<u>CLIENTS</u>	<u>TOTAL COST</u>	<u>COST/CLIENT (ANNUAL)</u>
'78 JULY	2,024	37,788	225
AUG	2,289	42,896	225
SEPT	2,564	44,283	207
OCT	2,366	51,154	259
NOV	2,625	51,738	237
DEC	2,684	48,086	215
'79 JAN	3,172	53,762	203
FEB	2,963	48,599	197
MAR	3,352	50,294	180
APR	3,497	56,630	194
MAY	4,196	57,709	165
JUNE*	3,705	11,598	38
TOTAL			

*Not Complete: Total FY'79 Invoices Not Processed

SLIDING FEE MONTHLY CASELOAD BY SERVICE
CATEGORY FISCAL YEAR 1979

	<u>CASE MANAGEMENT</u>	<u>HOMEMAKER</u>	<u>CHORE</u>	<u>TRANSPORTATION</u>	<u>UNDULICATED</u>
OCT	90	123	5	10	186
NOV	175	235	10	20	353
DEC	230	307	15	30	461
JAN	290	391	20	40	587
FEB	350	439	28	55	660
MARCH	390	321	33	65	783
APRIL	445	593	38	75	890
MAY	500	671	50	110	1,007
JUNE	550	738	60	130	1,107

FY '79

SLIDING FEE

SUMMARY

	ADMINISTRATION	CASE MANAGEMENT	I & R	NON-DIRECT	HOMEMAKER	CHORE	TRANSPORTATION	TOTAL
OCTOBER	18.48 2,522	15.08 2,052	.48 54	28.68 3,904	36.48 4,974	1.28 158	-0-	1008 13,664
NOVEMBER	11.68 4,137	8.58 3,034	.18 52	13.28 4,737	58.88 21,125	2.08 800	5.88 2,071	1008 35,956
DECEMBER	10.08 4,408	11.68 5,155	.28 116	7.58 3,347	63.08 28,083	2.18 934	5.68 2,495	1008 44,538
JANUARY	12.48 6,612	8.78 4,642	.28 82	11.08 5,874	63.08 33,709	1.38 743	3.48 1,818	1008 53,480
FEBRUARY	10.38 6,663	6.78 5,320	.38 188	9.68 6,190	65.78 45,229	4.68 2,999	2.88 1,791	1008 67,380
MARCH	13.18 11,291	6.08 5,190	.38 267	10.38 8,988	65.28 57,311	1.98 1,661	3.28 2,769	1008 87,477
APRIL	13.08 11,594	6.08 5,360	.48 307	9.18 7,766	67.08 58,872	3.08 2,652	1.58 1,155	1008 87,706
MAY	10.38 10,157	6.48 6,219	.98 912	6.58 6,396	70.28 68,939	3.38 3,285	2.48 2,353	1008 98,261
JUNE *	23.88 6,101	13.78 3,524	.78 157	16.18 4,114	42.78 10,963	2.18 592	.98 241	1008 25,682
TOTAL	12.08 63,485	8.08 39,496	.48 2,135	10.08 51,316	64.08 329,195	2.68 13,824	3.08 14,693	1008 514,144

*Not Complete! Total FY '79 Invoices Not Processed

AREA AGENCIES/HOME CARE CORPORATIONS BY REGION

- * Berkshire Home Care Corporation
246 North Street
Pittsfield, MA 01201
(413) 499-1353
Frederick H. Whitham, Director

- * Franklin County Home Care Corporation
Central Street
Turners Falls, MA 01376
(413) 774-2994
Margaret O. Keane, Director

- * Highland Valley Elder Service Center, Inc.
42 Gothic Street
Northampton, MA 01060
(413) 586-3130
Robert Gallant, Director

- * Holyoke/Chicopee Regional Senior Services
198 High Street
Holyoke, MA 01040
(413) 538-9020
Priscilla Chalmers, Director

- * Home Care Corporation of Springfield, Inc.
1414 State Street
Springfield, MA 01109
(413) 781-8800
James Piscioneri, Director

- * Region II Area Agencies on Aging, Inc.
697 Main Street
Holden, MA 01520
(617) 829-5364
Bernard O'Neill, Director

- * Montachusett Home Care Corporation
124 Main Street
Fitchburg, MA 01420
(617) 345-7312
Eleanor Gilmartin, Director

- * Area Agency on Aging

Elder Home Care Services of Worcester, Inc.
67 Highland Street
Worcester, MA 01609
(617) 756-1545
Sol Boskind, Director

Elderly Home Care Corporation of Southern Worcester County, Inc.
344 Main Street
Southbridge, MA 01550
(617) 764-2501
Patricia Clark, Director

* Senior Home Care Services, Inc.
94 Main Street
Gloucester, MA 01930
(617) 281-1750
Guntis Licis, Director

* North Shore Elder Services, Inc.
Northshore Shopping Center
Peabody, MA 01960
(617) 532-0330
William Carney, Director

* Greater Lynn Senior Services, Inc.
25 Exchange Street
Lynn, MA 01902
(617) 599-0110
Janet McAveeney, Director

* Chelsea/Revere/Winthrop Home Care Center, Inc.
Atlantic Savings Bank Building
385 Broadway - P.O. Box 189
Revere, MA 02151
(617) 284-8375
James Cunningham, Director

* Mystic Valley Elder Home Care, Inc.
341A Forest Street
Malden, MA 02148
(617) 324-7705
Molly Burns, Director

* Area Agency on Aging

* Somerville/Cambridge Home Care Corporation
249 Elm Street
Somerville, MA 02144
(617) 628-2601
John F. O'Neill, Jr., Director

* Minuteman Home Care Corporation
365 Waltham Street
Lexington, MA 02173
(617) 862-6200/ 263-8720

* Baypath Senior Citizens Services, Inc.
5 Edgell Road (Suite 27)
Framingham, MA 01701
(617) 620-0840
Bruce Hausch, Director

King Philip Elder Services, Inc.
130 West Street
Walpole, MA 02081
(617) 668-1982
Margaret Cole, Director

South Shore Home Care Services, Inc.
430 South Main Street
Cohasset, MA 02025
(617) 749-6832/ 383-9790/ 335-1310
Eileen Kirby, Director

Old Colony Elderly Services, Inc.
231 Main Street
Brockton, MA 02401
(617) 584-1561
Nicholas R. Baldwin, Director

* Bristol County Home Care for Elderly, Inc.
P.O. Box 163, South Station
248 Tucker Street
Fall River, MA 02724
(617) 675-2101
Elizabeth Bielawski, Director

* Area Agency on Aging

Coastline Elderly Services, Inc.
13 Welby Road
New Bedford, MA 02745
(617) 998-3016/ 995-7209
David Alves, Director

- * Elder Services of Cape Cod and the Islands, Inc.
658 Main Street
West Yarmouth, MA 02673
(617) 771-4248
James Peace, Director
-

- * Elder Services of the Merrimack Valley, Inc.
420 Common Street
Lawrence, MA 01840
(617) 683-7747
George (Russ) Moran, Director
-

- * Commission on Affairs of the Elderly
One City Hall Square - Room 271
Boston, MA 02201
(617) 725-4366 X125
Susan Goodrich, Acting Director
-

Southwest Boston Senior Services, Inc.
4258 Washington Street
Roslindale, MA 02131
(617) 325-6565
Richard Lindgren, Director

Area II Home Care for Senior Citizens, Inc.
236 Huntington Avenue
Boston, MA 02115
(617) 266-1672
Calvin Johnson, Director

Senior Home Care Services,
Boston III, Inc.
230 Boylston Street
Boston, MA 02116
(617) 267-7575
Richard Wentzel, Director

- * Area Agency on Aging

VERMONT

NEW

HAMPSHIRE



CONNECTICUT

RHODE

ISLAND

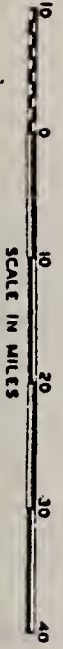


THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF COMMUNITY AFFAIRS
BUREAU OF PLANNING PROGRAMS
CITIES, TOWNS AND COUNTIES

A

B

NOTE: NORFOLK COUNTY INCLUDES
BROOKLINE AND CAMBRIDGE



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TITLE III-C NUTRITION PROGRAM

Title III-C of the Comprehensive Older Americans Act Amendments of 1968, the National Nutrition Program for the elderly, was originally established under Title VII of the Older Americans Act of 1965, as amended. Federal funds provide up to 90% of the cost of establishing and operating nutrition and related socialization services. The first program in Massachusetts began on January 1, 1973.

The purpose of the Nutrition Program is to provide Older Americans, particularly those with low incomes, with low cost, nutritionally sound meals served in strategically located centers. Besides promoting better health, this program is designed to reduce the isolation of old age through its broad-based social service system. Most of the nutrition sites have been located in Councils on Aging, Multi-purpose Senior Centers, and Housing Authorities to insure close coordination and utilization of the aging service network.

During Fiscal Year 1979, average daily participation was 19,000 elders, including 5,700 meals served to the homebound. The majority of meals are served in the 287 congregate meal sites located across the State. In the past twelve months, 5,037,363 meals, of which 27% were home-delivered meals, have been served to approximately 60,000 elders.

Persons age 60 or over are eligible to receive this service. Priority is given to those who are financially unable to eat

adequately, do not have the skill or knowledge to select and prepare nourishing meals, have limited mobility which impairs their cooking or shopping abilities, or have feelings of rejection or loneliness which jeopardize health. The ability to pay for nutrition services is not an eligibility requirement. Clients are encouraged to make contributions in a confidential manner.

Supportive services which are not otherwise available to community elders are provided to Nutrition Program participants. Ongoing outreach services are also provided. As can be seen by the following Table, many program participants received a combination of these supportive services during FY '79.

<u>Supportive Service</u>	<u>Number of Participants Receiving Services in FY '79</u>
Transportation	54,400
Outreach	56,310
Escort	24,678
Information and Referral	62,309
Counseling	35,408
Shopping Assistance	39,652

Title III-C Project Title	Federal Funds Allocation	Average Daily Participation	Total Meals Served
Somerville/Cambridge H.C.	\$ 280,850.	678	171,647
South Shore Home Care	269,576.	454	114,744
South Middlesex Opportunity Council	165,982.	425	107,467
Southern Worcester H. C.	174,169.	375	94,887
Southwest Boston Sr. Serv.	319,652.	644	162,990
H.C. Corp. of Springfield	392,672.	1,137	287,762
West Suburban Elder Serv.	338,783.	487	123,100
Age Center of Worcester	293,695.	1,096	277,235
TOTAL	\$7,678,033.	19,911	5,037,363

BRZ:ehb

FY '79

TITLE III-C ALLOCATIONS AND SERVICES

Title III-C Project Title	Federal Funds Allocation	Average Daily Participation*	Total Meals Served
Berkshire County H.C.	\$ 212,867.	605	752,964
Cape & Islands	222,877.	682	172,610
Chelsea/Revere/Winthrop	150,536.	773	195,621
Community & Regional Opportunity Program	302,617.	562	142,219
Council of Elders	808,247.	1,314	332,387
Fall River	317,911.	1,289	326,192
Federated Dorchester Neighborhood Houses	507,043.	1,410	356,737
Franklin County H. C.	193,456.	482	121,996
Highland Valley	174,774.	567	143,446
King Philip Elder Serv.	117,769.	204	51,604
Lynn Regional	180,827.	991	250,650
Malden/Mystic Valley	310,258.	761	192,445
Merrimack Valley	535,267.	1,282	324,284
Minuteman Home Care	209,132.	355	89,798
Montachusett Opp. C.	218,906.	579	146,605
New Bedford Elder Serv.	320,000.	915	231,371
North Shore Elder Serv.	180,574.	588	148,814
Old Colony Elder Serv.	298,818.	759	192,108
Senior Home Care	180,775.	497	125,680

* Based on 253 days of meals service per year.

TITLE III-C NUTRITION PROJECTS

Berkshire Home Care
46 North Street
Pittsfield, MA 01201

Project Dir.: George Troiano (413)499-1353

Adams, Alford, Becket, Cheshire, Clarksburg, Dalton, Egremont, Florida, Great Barrington, Hancock, Hinsdale, Lanesborough, Lee, Lenox, Monterey, Mount Washington, New Ashford, New Marlborough, North Adams, Otis, Peru, Pittsfield, Richmond, Sandisfield, Savoy, Sheffield, Stockbridge, Williamstown, Windsor.

Franklin County Home Care
Central Street
Turners Falls, MA 01376

Project Dir.: Judy McLamb (413)774-2994

Ashfield, Athol, Bernardston, Buckland, Charlemont, Colrain, Conway, Deerfield, Erving, Gill, Greenfield, Hawley, Heath, Leverett, Leyden, Monroe, Montague, New Salem, Northfield, Orange, Petersham, Phillipston, Rowe, Royalston, Shelburne, Shutesbury, Sunderland, Warwick, Wendell, Whately.

Highland Valley Elder Service Center
2 Gothic Street
Northampton, MA 01060

Project Dir.: Robert Nolan (413)586-3130

Amherst, Blandford, Chester, Chesterfield, Cummington, Easthampton, Goshen, Granville, Hadley, Hatfield, Huntington, Middlefield, Montgomery, Northampton, Pelham, Plainfield, Russell, Southampton, Southwick, Tolland, Westfield, Westhampton, Williamsburg, Worthington.

Community & Regional Opportunity Program
35 Center Street
Chicopee, MA 01013

Project Dir.: John W. Anderson (413)598-8391

Belchertown, Chicopee, Granby, Holyoke, Ludlow, South Hadley, Ware.

Home Care Corp. of Springfield, Inc.
414 State Street
Springfield, MA 01109

Project Dir.: Bruce White (413)781-8800

Agawam, Brimfield, E. Longmeadow, Hampden, Holland, Longmeadow, Monson, Palmer, Springfield, Wales, West Springfield, Wilbraham.

Montachusett Opportunity Council
93 Fairmount Street
Fitchburg, MA 01420

Project Dir.: Robert Arsenault (617)345-0682

Ashburnham, Ashby, Ayer, Bolton, Clinton, Fitchburg, Gardner, Groton, Hubbardston, Lancaster, Leominster, Lunenburg, Pepperell, Princeton, Shirley, Sterling, Templeton, Townsend, Westminster, Winchendon.

Age Center of Worcester
25 Worcester Center
Worcester, MA 01608

Project Dir.: Mr. Margos Stone (617)755-2331

Auburn, Barre, Berlin, Boylston, Grafton, Hardwick, Holden, Leicester, Millbury, New Braintree, Oakham, Paxton, Rutland, Shrewsbury, West Boylston, Worcester.

Elder Home Care Services
of Southern Worcester, Inc.
344 Main Street
Southbridge, MA 01550

Project Dir.: Dick Le Blanc (617)765-5483

Bellingham, Blackston, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Hopedale, Medway, Mendon, Milford, Millville, Northbridge, North Brookfield, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Warren, Webster, West Brookfield.

TITLE III-C NUTRITION PROJECTS

C.A.P.E., Inc.
180 Main Street
Gloucester, MA 01930

Beverly, Essex, Gloucester, Hamilton,
Ipswich, Manchester, Rockport, Topsfield,
Wenham.

Project Dir.: Robert J. Connell

North Shore Elder Services, Inc.
North Shore Shopping Center
Peabody, MA 01960

Danvers, Marblehead, Middleton, Peabody, S

Project Dir.: Dianne McAllister (617)532-0330

Greater Lynn Senior Services, Inc.
25 Exchange Street
Lynn, MA 01901

Lynn, Lynnfield, Nahant, Saugus, Swampscot

Project Dir.: Merlin W. Downs (617)599-0110

Chelsea/Revere/Winthrop Home Care
385 Broadway - P. O. Box 189
Revere, MA 02151

Chelsea, Revere, Winthrop.

Project Dir.: Anthony DiPietro (617)284-8375,6,7

Malden Action, Inc.
176 Pearl Street
Malden, MA 02148

Everett, Malden, Medford, Melrose, North
Reading, Reading, Stoneham, Wakefield.

Project Dir.: Raymond Vona (617)324-1200

Somerville-Cambridge Home Care Corp.
55 Davis Square
Somerville, MA 02144

Cambridge, Somerville.

Project Dir.: Ms. Dolores Battle (617)776-4246

Minuteman Home Care
365 Waltham Street
Lexington, MA 02173

Acton, Arlington, Bedford, Boxborough,
Burlington, Carlisle, Concord, Harvard,
Lexington, Lincoln, Littleton, Maynard,
Stow, Wilmington, Winchester, Woburn.

Project Dir.: Ms. Janet Clark (617)862-6200
263-8720

West Suburban Elder Services, Inc.
1001 Watertown Street
W. Newton, MA 02165

Belmont, Brookline, Needham, Newton,
Waltham, Watertown, Wellesley, Weston.

Project Dir.: Barbara Gross (617)332-2133

TITLE III-C NUTRITION PROJECTS

outh Middlesex Opportunity Council 6 Concord Street Framingham, MA 01701 roject Dir.: Lois Aronstein (617)872-6570	Ashland, Dover, Framingham, Holliston, Hopkinton, Hudson, Marlborough, Natick, Northborough, Sherborn, Southborough, Sudbury, Wayland, Westborough.
ing Philip Elder Services, Inc. 62 Main Street Walpole, MA 02081 roject Dir.: Anne Modee (617)668-1982	Canton, Dedham, Foxborough, Medfield, Millis, Norfolk, Norwood, Plainville, Sharon, Walpole, Westwood, Wrentham.
outh Shore Home Care 30 So. Main Street Cohasset, MA 02025 roject Dir.: Ron Joseph (617) 335-1310 and 383-9790	Braintree, Cohasset, Hingham, Holbrook, Hull, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth.
ld Colony Elderly Services, Inc. 5R Main Street Brockton, MA 02401 roject Dir.: Constance Burns (617)584-1561	Abington, Avon, Bridgewater, Brockton, Carver, Duxbury, East Bridgewater, Easton, Halifax, Hanover, Hanson, Kingston, Lakeville, Marshfield, Middleboro, Pembroke, Plymouth, Plympton, Rockland, Stoughton, Wareham, West Bridgewater, Whitman.
all River Council on Aging /o Fall River Nutrition Program 197 Robeson Street all River, MA 02720 roject Dir.: Joseph Drury (617)675-0521	Attleboro, Berkley, Dighton, Fall River, Freetown, Mansfield, North Attleboro, Norton, Raynham, Rehoboth, Seekonk, Somerset, Swansea, Taunton, Westport.
ew Bedford Council on Aging utrition Program 25 Pleasant St. P. O. Box F658 ew Bedford, MA 02742 roject Dir.: James Hazell (617)999-2931 X248	Acushnet, Dartmouth, Fairhaven, Gosnold, Marion, Mattapoisett, New Bedford, Rochester.
lder Services of Cape Cod & Islands, Inc. 46 Main Street Yannis, MA 02601 roject Dir.: Bernita Grogan (617)771-4248	Barnstable, Bourne, Brewster, Chatham, Chilmark, Dennis, Eastham, Edgartown, Falmouth, Gay Head, Harwich, Mashpee, Nantucket, Oak Bluffs, Orleans, Provincetown, Sandwich, Tisbury, Truro, Wellfleet, West Tisbury, Yarmouth

TITLE III-C NUTRITION PROJECTS.

Elder Services of the Merrimack Valley, Inc.
Greater Lawrence Regional Vocational &
Technical High School
57 River Road
West Andover, MA 01801

Project Dir.: Karen Porter (617) 686-1422

Amesbury, Andover, Billerica, Boxford,
Chelmsford, Dracut, Dunstable, Georgetown,
Groveland, Haverhill, Lawrence, Lowell,
Merrimack, Methuen, Newbury, Newburyport,
North Andover, Rowley, Salisbury,
Tewksbury, Tyngsborough, Westford, West
Newbury.

Southwest Boston Senior Services, Inc.
4258 Washington Street
Roslindale, MA 02131

Project Dir.: Josephine DeLuca (617) 325-6565

Hyde Park, Jamaica Plain, Roslindale,
West Roxbury, Mattapan.

Council of Elders
186 Massachusetts Avenue
Boston, MA 02115

Project Dir.: A. Ray Payne (617) 262-6600

Allston, Back Bay, Brighton, Fenway,
No. Jamaica Plain, North Dorchester,
Parker Hill, Roxbury, South End.

Federated Dorchester Neighborhood Houses
Nutrition Project
1392 Dorchester Avenue
Dorchester, MA 02122

Project Dir.: Joseph Doolin (617) 825-5000

Beacon Hill/West End, Charlestown,
Chinatown, Columbia Point, Dorchester,
East Boston, East Mattapan, North End,
South Boston.

SPECIAL DEMONSTRATION PROJECTS

Using Special Demonstration Project/Chapter 367 funds, the Department of Elder Affairs committed \$459,221 to twenty-seven projects for the period January 2, 1979, to June 30, 1979. These projects should offer the Department and the aging service network knowledge and guidance for future program development. During the six month contract period, well over 4,000 elders were served by the projects, which offer such diverse services as alcoholism counselling, adult foster care, and job placement.

Program Goals

For the first time in the history of the Department of Elder Affairs, the Department received a \$500,000 state appropriation to develop and implement "programs of integrated services to the elderly and other alternative care programs for the elderly." The Special Demonstration Grants Program was authorized by Chapter 367 of the Acts of 1978, line item 9110-1800. The purpose of the authorization was to enable the Department to fund innovative programs of services to elders; to demonstrate the feasibility of these programs as alternative services for elders; and to evaluate the quality and results of the new services.

Program Development

The Department developed a Special Demonstration Project RFP and review process that was intended to: 1) attract a wide range of service providers; 2) achieve a competitive proposal process;

3) utilize the input of a number of individuals including both DEA staff and representatives from the field; and 4) facilitate decision-making based on objective review criteria. In late August, 1978, DEA issued a request for pre-applications that contained the following general priorities and service priorities:

General Priorities:

Demonstration Project funds will be focused on projects that:

- Have statewide significance, as defined by:
 - a. providing services on a statewide basis;
 - b. providing services on a local or regional basis to meet needs which exist throughout the State.
- Have a high potential for being eligible to receive regular sources of funding once the demonstration period is ended;
- Have a high probability of being implemented quickly;
- Provide employment opportunities for elders;
- Provide services to handicapped elders and/or are submitted by agencies serving handicapped elders;
- Focus services and resources on low income and minority elders and/or are submitted by minority agencies;
- Demonstrate coordination between service agencies;
- Demonstrate cooperation across geographical boundaries;
- Demonstrate active involvement of elders in the program planning process.

Service Priorities:

- Congregate/shared housing services;
- Elder foster care;
- Self-help activities (projects operated by elders to help themselves;
- Alternative models of service to substitute for homemaker services (e.g., personal care, laundry, etc.);
- Protective and/or mental health services;
- Other.

The Department received more than 150 pre-applications. Pre-applications were reviewed by a panel composed of DEA and aging network staff and had been reviewed by appropriate Area Agencies on Aging. In October, 1978, the Secretary requested proposals from 72 agencies/organizations. Fifty-six agencies actually submitted proposals to DEA. Following panel, staff and Area Agency on Aging review, the Secretary selected twenty-seven proposals for funding for the period of January 2, 1979, to June 30, 1979. Funds allocated to the twenty-seven projects totalled \$459,221.

Project Analysis

An analysis of the twenty-seven projects funded under the Special Demonstration Projects reveals the following information:

1. Agency Organizational Structure

Hospitals - 2
Councils on Aging - 3
Housing Authorities - 2
Home Care Corporations/Area Agencies on Aging - 4
Other Non-Profit Agencies - 16
Minority-Sponsored Agencies - 2
Handicapped-Sponsored Agencies - 2

2. Priority Service Areas

Congregate/Shared Housing Services:

Elder Services of Merrimack Valley	\$ 3,471	(house sharing)
Roxbury Action Program	16,017	(house sharing)
Woburn Council of Social Concern	15,509	(house sharing)
Norfolk Street Elderly Center	7,000	(congregate services)
Montachusett Home Care Corp.	9,073	(congregate service planning)
Amherst Council on Aging	5,640	(congregate service planning)
Somerville/Cambridge Economic Opportunity	9,000	(study of boarding-house feasibility)

Elder Foster Care:

Mass. General Hospital	19,973	(urban primary health sponsor)
Arlington Council on Aging	16,190	(community-based foster care)
Cape Cod Hospital	16,362	(rural hospital-based foster care)
Lowell Visiting Nurse Assn.	12,050	(secondary health sponsor)
Southern Worcester Home Care Corporation	14,810	(rural community-based foster care)

Self-Help:

Boston Food Cooperative	5,519	(food co-ops in elderly housing)
Living Is For Elders (L.I.F.E.)	9,964	(organizing nursing home residents)
Action for Boston Community Development (A.B.C.D.)	31,000	(job development, counseling, advocacy, employment)
Vision Foundation	13,712	(self-help buddies/groups for newly-blind elders)

Alternative Model of Service to Substitute for Homemaker Service:

West Medford Community Center	\$33,950	(laundry/drop-in center)
North Shore Elder Services (alt.)	24,608	(laundry, companion, house-keeping)
Stavros Foundation	26,313	(personal care attendants/home care corp. fiscal conduit)

Protective and/or Mental Health Services:

Boston Housing Authority	31,300	(outreach, education, counseling for elderly alcoholics)
Adult Protective Services	32,000	(corporate guardianship, conservatorship, representative payee)
Legal Research and Services for the Elderly	44,756	(physical abuse study and training)
North Shore Elder Services (hospice)	12,000	(hospice service planning)

Other:

Individual (training)	13,185	(training for workers with blind elders)
Worcester Commission on Elder Affairs	6,036	(radio advocacy)
J.F.K. Family Center	11,931	(intergenerational anti-crime program)
Jamaica Plain Senior Team	18,852	(evaluation of Jamaica Plain Senior Team)

3. Regional Distribution

Western Massachusetts - 3
 Central Massachusetts - 3
 Merrimack Valley/North Shore - 4
 Cape Cod - 1
 Greater Boston - 16

Program Continuation

During the contract period, the projects progressed through the anticipated start-up period, which includes delays in hiring, community credibility building, and re-defining work activities. Due to the demonstration nature of the projects, the Department of Elder Affairs felt that a full 12 month funding period was necessary prior to a complete evaluation of the impact of each project on the elderly services network in Massachusetts. All of the Fiscal Year 1979 Special Demonstration Projects were given the opportunity to apply for Fiscal Year 1980 funds, and in June, 1979, Fiscal Year 1980 contracts were negotiated with twenty-one of the twenty-seven projects.

CHAPTER 367/SPECIAL DEMONSTRATION PROJECT STATISTICAL REPORT

New Client Characteristics -- Months of January - June, 1979

Total number of clients served in these months (unduplicated) = 4,665

												TOTALS				
0	+	47	+	570	+	33	+	2,355	+	1,660	=	4,665				
American Indian		Asian		Black, not of Hispanic Origin		Hispanic		White, not of Hispanic Origin		Unknown						
2,544	+	700	+	1,421		Unknown					=	4,665				
Low Income		Other														
411*	+	531	+	779	+	659	+	279	+	246	+	125	+	1,635	=	4,665
Under 60		60 - 64		65 - 69		70 - 74		75 - 79		80 - 84		85+		Unknown		
874	+	2,934	+	857		Unknown									=	4,665
Male		Female														
1,116	+	505	+	27	+	102	+	321	+	184	+	2,410		Unknown	=	4,665
Living Alone		Spouse Only		Spouse and Children Only		Children Only		Other Combination		Institutionalized						
705	+	608	+	2,444	+	968		Unknown							=	4,725**
Mobility Impaired		Communication Impaired		No Handicap												

-100-

* The large number of individuals appearing in the "Under 60" category can primarily be accounted for by one project - the project that trains workers with elders around the issue of visual impairment.

** The total for the category "Impairments" does not add to 4,665 because some individuals had more than one impairment.

EDUCATION AND TRAINING PROGRAM

The Training Unit of the Department supervises on-going educational and training activities for elders and staff in the aging services network. Major programs include the Title IV-A Program, Pre-retirement Program, and Project HEALTHY.

Title IV-A Program

The Department funds a variety of training and education programs under Title IV-A of the Older Americans Act. The training funds are made available through the Office of Research Demonstrations and Manpower Resources of the Administration on Aging to assist State Agencies on Aging in meeting priority training and manpower development needs at the state and area level. These discretionary funds are awarded to state agencies as a supplement to the resources available under Title III of the Older Americans Act.

Courses and other training activities are designed to meet the manpower and training needs of the state and area agency staff, nutrition project staff, staff of public and private agencies engaged in the delivery of services to elders, and other members of the general public interested in working on behalf of the elderly.

Funding priorities for Massachusetts' Title IV-A monies are identified annually by a needs assessment survey of Area Agencies on Aging, Home Care Corporations, Nutrition Programs,

Councils on Aging, and Senior Centers. Priorities for FY '79 were:

- 1) training Board and Advisory Council members in their roles and responsibilities, techniques for improved and effective functioning, and advocacy;
- 2) training in information on selected programs and services for elders, Councils on Aging, and selected staff of all categories of agencies serving elders;
- 3) management skills training including the areas of program development, program management, sub-grantee monitoring, assessment and evaluation to state agency staff and selected staff of agencies in the aging network;
- 4) training to improve the job knowledge and skills of Title III program staff including site managers, supportive service coordinators, and nutritionists;
- 5) skill training in providing social services to elders will be provided to direct service staff of agencies working with elders who are not eligible for Title XX training;
- 6) training in the principles of social gerontology to new and other selected staff of agencies working with elders;
- 7) training to develop the in-service training capacity of Area Agencies on Aging and Home Care Corporations.

The chart on the next page indicates for each objective the estimated categories and numbers to be served submitted in last year's application as well as the actual unduplicated numbers of persons trained in the first two quarters (October 1, 1978 -

March 31, 1979). Statistics for the third quarter were not available to include in time for the submission deadline. However, by comparing first and second quarter figures with original projections, it can be seen that the Department has met its original objectives.

In addition to training activities, three work products or training manuals have been or are in the process of being produced, two of which are completed and have been sent to the Regional Office of the Administration on Aging (AoA), the AoA Clearinghouse and Duke University's KWIC Training Resource Center. These are entitled: 1) A Program Guide for Pre-retirement Program Planners; and 2) Planning and Developing a Shared Living Project: A Guide for Community Groups. A third manual is being prepared for publication and will be entitled: Area Agencies on Aging: A Handbook for Board Members. A list of all training activities funded under Title IV-A follows the statistics on members trained.

Report on Title IV-A Activities October 1, 1978 - March 31, 1979

Content of Activity to be Supported	Estimated Category and Numbers of Persons to be Served (from FY 78 T IV-A Application)	Actual Unduplicated Numbers of Persons Trained in First Two Quarters (October 1, 1978 - March 31, 1979)
Board and Advisory Council Training	150 Board/Advisory Council Members of AAA/HCC's, Nutrition Projects and Councils on Aging	351 Board/Advisory Council Members
Information on Programs and Services for Elders	400 elders and staff of agencies providing information and referral to elders	904 elders
Management Skills	30 HCC/AAA Directors 27 Nutrition Project Directors 25 State Agency Staff 25 Senior Center Directors	29 HCC/AAA Staff 2 Nutrition Project Directors 28 State Agency Staff 1 Senior Center Director 22 other (Council on Aging/Board Members)
Nutrition Program Supportive Services Coordinators/Site Managers	27 Supportive Service Coordinators 100 Site Managers	25 Supportive Service Coordinators 48 Site Managers
Social Service Skills	100 Staff Delivering Social Services to Elders who are not Title XX Eligible	315 Staff Delivering Social Services to Elders
Social Gerontology	120 staff and volunteers of all categories of staff serving elders and elders themselves	263 staff and volunteers
Developing In-Service Training Capacity	30 HCC/AAA staff	26 HCC/AAA staff

Fiscal Year 1979

Training/Educational Activities Funded Under
Title IV-A of the Older Americans Act

NAME OF COLLEGE/UNIVERSITY/ TRAINING ORGANIZATION	PROGRAMS SPONSORED	AMOUNT OF GRANT
1.Objective: <u>Information on Programs and services</u>		
Tufts New England Medical Center	Handicapped Senior Citizen Health Education Program(one site)	\$3,228
University of Lowell	Information Referral and Advocacy Training for Elders	2,000
Dorathea Willgoose, Consultant Glover Hospital	2 1/w day Training Seminars for Project HEALTHY	250
2.Objective: <u>Management Training</u>		
New England Gerontology Center	Social Services Accounting	2,473
North Shore CC	Management Training Workshop - Personnel Management in Social Service Agencies	1,980
Policy Training Center	Management Training: A Super- visory Skills Approach; Two programs Greater Boston	4,536
Policy Training Center	Supervisory Skills: Training of Trainers in Western Mass.	5,069
3.Objective: <u>Nutrition</u>		
Cape Cod CC	Foodservice Sanitation (8 Certification Courses)	13,169
Community Nutrition Institute	Supportive Service Coordinators Workshop	2,487
4.Objective: <u>Social Service Delivery Skills</u>		
Berkshire CC	Supportive Counseling and Referral; Family Interviewing and Counseling	2,624
Fitchburg State	Social Service Delivery Skills Training	2,484

Fiscal Year 1979

Training/Educational Activities Funded Under
Title IV-A of the Older Americans Act

NAME OF COLLEGE/UNIVERSITY/ TRAINING ORGANIZATION	PROGRAMS SPONSORED	AMOUNT OF GRANT
5.Objective: <u>Social Service Delivery Skills</u>		
Greater Boston Legal Services	Legal Skills Training	\$2,795.00
Quincy Junior College	Improving Interpersonal Communications	770.00
Quinsigamond CC	Counseling and Interviewing the Older Adult	2,068.20
6.Objective: <u>Social Gerontology</u>		
Berkshire CC	Introduction to Social Gerontology	1,074.00
Bridgewater State	Principles of Social Gerontology	2,160
Bunker Hill CC	Social Gerontology	1,290
Community Nutrition Institute	Social Gerontology Today	2,071
Northern Essex CC	Social Gerontology Training	2,405
College of Our Lady of the Elms	Line Staff Training in Gerontology	1,890
Policy Training Center	Tri City Direct Care Providers Training	5,033
Quinsigamond CC	Introduction to Gerontology	2,068.20
7.Objective: <u>Developing In-Service Training</u>		
Div. of Mass Medical Center	Developing Inservice Training Capacity of Area Agencies on Aging	5,000.00

Fiscal Year 1979

Training/Educational Activities Funder Under
Title IV-A of the Older Americans Act

NAME OF COLLEGE/UNIVERSITY/ TRAINING ORGANIZATION	PROGRAMS SPONSORED	AMOUNT OF GRANT
8.Objective: <u>Board and Advisory Training</u>		
Bunker Hill CC*	Board/Advisory Training:Advocacy as a role and a process	\$3,051
Fitchburg State	Board Training for Advocacy	1,728
Margot Lindsay, Consultant Brandeis University	A Manual on Board Responsibilities and Procedures	4,475
	Manual Printing	1,500
	Board Training for Cambridge/ Somerville Area Agency on Aging	1,624
Middlesex CC	Refining Your Skills as a Board Member	3,483.40
North Shore Cc	Board Training for New Members	1,431
Northern Essex CC	Council on Aging Membership Training	1,829
Policy Training Center	Community Board Training Program	4,500
Univ. of Mass./CITP	Board and Advisory Training Program	3,448,40
9.Objective: <u>Information on Programs and Services</u>		
Bunker Hill CC	Employment/Retirement/Leisure	2,187
Fitchburg State	Services for Elders: Pre-Retirement Planning	1,998
Holyoke CC	Fitness Leadership Training	1,423.40
Mass Law Reform Voluntary Defenders Committee	Legal Skills Training	3,224
Middlesex Cc	Consumer Education	1,463.20
Museum of Fine Arts	Training Program for Elders	4,000
North Shore CC	Pre-Retirement Training through Councils on Aging	2,052
Southeastern Mass. Univ.	Community Training for Programs and Services for Elders: Theory and Field Experience (one site)	2,954

*CC is abbreviation for Community College

Pre-retirement

A variety of public and private sector organizations throughout the Commonwealth were provided with the services of consultation and technical assistance in the areas of pre-retirement education and training program development. For example, the Department assisted John Hancock Mutual Life Insurance, Sweetheart Plastics, Northeastern University, The Federal Reserve Bank of Boston, and the Region I Office of the Department of Health, Education, and Welfare in preparing pre-retirement programs.

Other activities related to pre-retirement included:

- the organization and convening of a statewide pre-retirement planning committee. This committee was convened in January, 1979, and has been holding monthly meetings. The committee's primary function is to serve a statewide coordinating and planning role by advising the Department of the needs of representative constituencies. Fourteen representatives from the public sector, private business and industry, educational institutions, and community-based agencies serve on this committee.
- the mailing of a letter to the chief executive officer of major employers in the Commonwealth outlining the goals of the statewide planning committee and inquiring of their interest in pre-retirement planning. This was one of the first activities assumed by the committee. Over 700

letters were mailed and approximately 100 responses were received. The committee will be using the information to plan, in the upcoming fiscal year, additional activities which potentially can have statewide impact.

- the publishing of a "Program Guide for Pre-Retirement Program Planners." Developed under contract, this Guide will become the focus of the Department's continuing efforts to coordinate with the private sector. Copies have been sent to the National Clearinghouse on Aging, the Regional Office of the Administration on Aging, and the Duke KWIC Start Projects.

Project HEALTHY

Project HEALTHY (Health, Education and Learning to Help Yourself) is one of the Department's efforts to assist elders in monitoring physical health and well-being. Developed in 1974 by a health consultant for the Department, Project HEALTHY began as a program piloted in urban, rural and suburban settings throughout the Commonwealth. This seminar series, targeted to people aged 55 and over, is concerned with preventive health care and self-sufficiency. Topics covered include: diet and nutrition, normal physical changes, anxiety and tension, exercise, medications, available community resources, and home safety. A supplementary program targeted to business and industry professionals and para-professionals who work with elders has also been developed.

The purpose of Project HEALTHY is to encourage older adults to retain good health and mobility by increasing their awareness and proper self-care. The major objective is to improve the overall quality of life for the Commonwealth's elders. Through sharing information and exchanging experiences, the program helps to motivate the older person to assume a continuing responsibility in maintaining his or her own highest level of physical and emotional well-being.

Project HEALTHY is available as a free service to community organizations in the Commonwealth that serve the elderly. Interested organizations appoint a local coordinator who attends a formal half-day training seminar on program implementation sponsored by the Department. Based on demand for training, sessions are held at various sites throughout the Commonwealth. After completing the training, the local coordinator then makes the necessary arrangements for conducting the program, including the recruitment of local instructors and resource persons who have expertise in the topics covered by the eight session seminar series. Suggested instructors and resource persons include a wide variety of health and health-related professionals: physicians, medical social workers, gerontologists, geriatric nurses, public health nurses, nutritionists, health educators, pharmacists, and physical therapists.

During Fiscal Year 1979, one half-day training session for local coordinators was conducted for the Department by Dorathea Willgoose, M.D. This session, held in January in Boston,

trained 23 potential Project HEALTHY coordinators.

The Project HEALTHY Education Seminar Series was offered in the following communities throughout the Commonwealth in the period from July 1, 1978, through June 30, 1979:

<u>COMMUNITY OFFERING PROGRAM</u>	<u>COORDINATED BY</u>	<u>NUMBER OF CERTIFICATES</u>
Adams	Council on Aging	65
Belmont	Council on Aging	40
Boston	Northeastern University	30
Brookline	Beth Israel Hospital	did not request
Jamaica Plain	Faulkner Hospital	60
Marblehead	North Shore Jewish Community Center	23
Natick	Natick Senior Center	36
	Leonard Morse Hospital	
Needham	Glover Hospital	did not request
Newton	Newton Health Dept.	100
North Adams	Berkshire HCC, VNA, COA	40
Pittsfield	Pittsfield COA, Senior Center	60
Reading	VNA and Mystic Valley HCC	50
Sherborn	Council on Aging	40
Watertown	Watertown Housing Authority	40
Wayland	Parmenter Health Center	50
Williamstown	Berkshire HCC, VNA, COA	35

In summary, over 700 elders participated in the HEALTHY programs sponsored throughout the Commonwealth during Fiscal Year 1979. Participants completing the series were awarded certificates of completion from the Department.

THE AFFIRMATIVE ACTION/EQUAL OPPORTUNITY PROGRAM

I. POLICY STATEMENT

It is the policy of the Department of Elder Affairs to provide, through a positive and continuing program, equal opportunity in all phases of employment to all Department employees and job applicants without regard to race, color, age, sex, handicap, religion or national origin; equal access to Department-funded services with special emphasis on serving the needs of low income and minority older persons; and equal access to Department grants and contracts for minority-owned agencies and organizations. Thus, the Department of Elder Affairs is strongly committed to a policy of nondiscrimination.

Additionally, the Secretary has designated an Equal Opportunity Administrator/504 Coordinator to supervise the enforcement and development of the Affirmative Action/Equal Opportunity programs for the Department and for its contractors and grantees.

The Department has also established an Equal Opportunity and a 504 Committee to assist in identifying Affirmative Action/Equal Opportunity requirements and in setting internal and external standards for compliance review. These committees shall also assist the Department in its periodic evaluations of the effects which its decisions, programs and activities have had in meeting the goal of equality of opportunity.

The Secretary of Elder Affairs has thus pledged his office to continuing its support of and providing for statewide leadership in protecting the rights and privileges of individuals and organizations by promoting equal opportunity through affirmative

action in the awarding of grants/contracts to minority owned agencies and small businesses, in the delivery of services, and by insuring equal opportunity for older persons, minorities, women and handicapped individuals at the state, area and local levels in all programs supported by the Department throughout the Commonwealth.

II. ACCOMPLISHMENTS IN FISCAL YEAR 1979

During the past year the Affirmative Action Unit was involved in developing a number of new programs. Among these were:

- developing a Letter of Agreement between the Department of Elder Affairs and SOMBA (as a means to increase the number of minority service contractors and programs funded by the Department);
- developing an RFP designed to provide affirmative action training for DEA's management, supervisory and supportive field staff;
- developing an RFP designed to provide affirmative action training for DEA's contractors/grantees;
- developing a recruitment mechanism to provide qualified employees on a nondiscriminatory basis;
- developing a grievance procedure to cover allegations of discrimination filed by employees or applicants and handicapped individuals;
- providing technical assistance to Departmental staff and Department contractors/grantees on developing and implementing acceptable Affirmative Action Plans;

- developing a counseling program especially for newly hired minority staff and other affirmative action-protected group members;
- developing a procedure to involve the Equal Opportunity/Affirmative Action Unit in reviewing all applications for Departmental funding; and,
- coordinating with State and local agencies in order to develop a mechanism to involve minority owned agencies in competitive bidding for Departmental funded contracts/grants on a nondiscriminatory basis.

III. DEA's FY'79 PERSONNEL ACTIONS IN JOB GRADES 3 to 30

A. PROMOTIONS IN FISCAL YEAR 1979

1. Clerical Promotions (Job Grades 3-11)

During FY'79, DEA promoted two females and one male; no elderly or minority were included in the three clerical promotions.

2. Professional Promotions (Job Grades 12-19)

During FY'79 DEA promoted two females, one male, one of whom was a minority, a total of three new promotions in the professional positions.

3. Management Promotions (Job Grades 20-30)

During FY'79 DEA promoted one male manager.

B. NEW HIRES IN FISCAL YEAR 1979

1. Clerical (Job Grades 3-11)

The Department's FY'79 goal was to recruit at least one minority out of the first two hires to fill any vacancies in the clerical positions.

During FY'79, DEA hired a total of nine females which included three elderly and two minorities in the above clerical positions.

2. Professional (Job Grades 12-19)

The FY'79 goal for the Department was to recruit at least one professional minority out of every two hires to fill any vacancies in the middle classification of Job Grades 12-19 until the minority professional staff represented or exceeded parity with other professionals in the Department.

During FY'79, DEA hired a total of six females and four males, which included three elderly and two minorities, a total of ten new professional staff members.

3. Managers (Job Grades 20-30)

The FY'79 goal of the Department was to maintain its current representation of minority managers in the upper level classifications of Job Grades 20-30 or to slightly increase that figure as vacancies occurred.

During FY'79, DEA hired two females and one male which included one older female, a total of three new staff members, none of them being minority.

Despite the above, the Department has essentially been able to achieve its FY'79 Affirmative Action goals for managers by maintaining its current representation of minority managers in the upper level classification of Job Grades 20-30 even with additional hires, since the additional hires have been cancelled out by current vacancies within the management staff.

C. ELDERLY EMPLOYEES 55 YEARS OF AGE AND OVER

The Department's FY'79 goal was to attempt to exceed the statutory requirements (that at least 25% of its employees be 55 years of age or over) by 5%.

Currently 28% of the Department's employees are 55 years of age or over, a slight increase over the FY'78 figures.

Thus, despite the fact that the FY'79 employment figures for older persons represent a slight increase over the FY'78 figures, the Department's current 28% elderly employment fell a little short of its FY'79 goal of 30% of elderly employment but is 3% better than the 25% statutory requirement for the Department.

